

ITI Quiz-ESK - 07- Feb-2026 1 PM

Q. ID: ITISKILL9373NR

February 2026

Trinity, College ,udhyavara udupi

Answer Key

Duration: 155 Mins

Total Marks: 50

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1. Which of the following are good work habits?

- A) Staying calm when work is challenging
B) Following workplace rules
C) All of the above
D) Not giving up when something goes wrong

Answer: C) All of the above

2. Kalpana is migrating to Bangalore from Hubli for her new job. She has received the job offer letter. What should she do to migrate safely?

- A) Research about living in Bangalore
B) Always share her exact location on social media
C) Believe everything brokers say
D) Buy gifts for her new neighbours

Answer: A) Research about living in Bangalore

3. Which of the following is NOT needed for teamwork?

- A) Trust
B) Healthy communication
C) Conflict and argument
D) Division of work

Answer: C) Conflict and argument

4. What is a job portal?

- A) A place where you can play games and talk to friends.
B) A website where companies post jobs and people can search and apply for them.
C) A special room where job interviews happen online.
D) A building where you go to find work.

Answer: B) A website where companies post jobs and people can search and apply for them.

5. Maya needs funding for her small business. What can she do to find a suitable investor?

- A) Attend networking events to meet suitable investors.
B) Send her business plan to every investor she finds online.
C) Wait for the suitable investor to find her
D) Send her business plan to her friends and ask them to send it to investors they may know.

Answer: A) Attend networking events to meet suitable investors.

6. While thinking about learning, what are the questions you can ask yourself?

- A) All of these
B) What did I learn?

- C) Was it easy or difficult to learn?
D) How can I learn better?

Answer: A) All of these

7. Which of the following is a self-management skill?

- A) Adaptability and Flexibility
B) All of these
C) Commitment
D) Honesty and Integrity

Answer: B) All of these

8. Which of the following is NOT a people skill required in a workplace?

- A) Listening
B) Technical skills
C) Being kind
D) Supporting coworkers

Answer: B) Technical skills

9. What should you always remember when creating your profile on a job portal?

- A) To use a fake name
B) To include skills required for the job, even if you don't have them
C) To always be truthful
D) To leave out important information

Answer: C) To always be truthful

10. Pooja is applying for a Motor Mechanics position in an automobile company. What should she include in her cover letter?

- A) Education details
B) Her hobbies - cooking, gardening
C) Reasons why she is suitable for the role
D) Salary expectations

Answer: C) Reasons why she is suitable for the role

11. Ranjit has a small bakery business. Using WhatsApp for Business can help Ranjit _____.

- A) chat with friends
B) watch baking tutorial videos
C) check status updates
D) quickly respond to customer orders and questions

Answer: D) quickly respond to customer orders and questions

12. Sia is applying for the electrician position, how should she start her email to the company?

- A) Start with a joke.
B) Write a short story about her hobbies.

C) Begin with a clear subject line and a polite greeting. D) Attach her favorite photos.

Answer: C) Begin with a clear subject line and a polite greeting.

13. Imagine you are setting up a mobile repair shop. Which of the following is the most important for its success?

- A) Putting up flyers in the neighborhood
B) Picking the right shop name
C) Setting up the shop in a busy area
D) Offering repair services at a higher price

Answer: C) Setting up the shop in a busy area

14. You notice a coworker struggling with their workload. What should you do?

- A) Ignore their struggles and focus on your own work.
B) Laugh at their inability to manage their workload.
C) Offer to help them with their tasks.
D) Report their struggles to the supervisor.

Answer: C) Offer to help them with their tasks.

15. A green workplace_____.

- A) keeps the lights on all the time
B) uses less paper and energy- saving lights
C) ignores waste separation and recycling
D) uses disposable items and plastic water bottles

Answer: B) uses less paper and energy- saving lights

16. Pranav is working on his resume. While reviewing his resume, what should Pranav keep in mind?

- A) Ensure that the information provided is correct
B) All of these
C) Check for spelling and grammar mistakes
D) Highlight skills and qualifications that match the job

Answer: B) All of these

17. When thinking of new ideas, why is it important to share ideas with others, even if they are not perfect?

- A) To make others feel included.
B) To show off your knowledge.
C) To impress others.
D) Talking can help make ideas better.

Answer: D) Talking can help make ideas better.

18. Your friend suggests going for a picnic. She asks you to bring disposable plates and cups. Which of the following actions shows your commitment to a green mindset?

- A) Bring reusable plates and cups
B) Bring green color disposable plates and cups
C) Say yes and bring disposable plates and cups
D) Ignore the invite to the picnic

Answer: A) Bring reusable plates and cups

19. If your first design doesn't work, what should you do?

- A) None of these
B) Ask for feedback and try to improve
C) Give up on it
D) Make something else

Answer: B) Ask for feedback and try to improve

20. Shreeja made a new bag design and showed it to 5 different people for feedback. Why is it important to listen to different users and not just one?

- A) To get a lot of appreciation for her work
B) To understand the common problems from different users
C) To get a lot of ideas
D) Because it's fun

Answer: B) To understand the common problems from different users

21. What is the main purpose of the Skill India Digital Platform?

- A) To promote international job opportunities
B) To provide financial assistance for job seekers
C) To facilitate online learning and skill development
D) To offer offline training programs

Answer: C) To facilitate online learning and skill development

22. Before applying for a job, why is it important to check the skills required for a job?

- A) To impress the interviewer.
B) To be sure you can do the job well.
C) It is not important to check the skills required for a job.
D) To chat with friends about it.

Answer: B) To be sure you can do the job well.

23. Ravi is working on a project with two other teammates. Which of these make him a good team player?

- A) Not listening to his teammates ideas and opinions
B) Thinking he can never make a mistake
C) Getting angry when others don't listen
D) Sharing ideas to help the team work faster

Answer: D) Sharing ideas to help the team work faster

24. A green practice involves any activity that_____?.

- A) causes harm to the environment
B) generates pollution
C) involves consuming too much
D) protects and takes care of the environment and resources

Answer: D) protects and takes care of the environment and resources

25. When searching for new information on Google, why is it important to use the right words?

- A) To learn a new language B) To change the color of the search page
C) To make the screen brighter D) To find correct and useful information

Answer: D) To find correct and useful information

26. If your coworkers don't agree with your project idea, what's a good way to handle it with an entrepreneurial mindset?

- A) Give up on your idea B) Stop talking about it
C) Stick to your idea without listening to others D) Ask for feedback and make your idea better with their help

Answer: D) Ask for feedback and make your idea better with their help

27. How can you become self-employed?

- A) Learn about the work, take small courses B) Try your idea on a small scale
C) Use chats, local ads and ask friends to spread the word D) All of these

Answer: D) All of these

28. Your community wants to reduce plastic waste. How can you use Design Thinking to find new ideas to solve this problem?

- A) Ignore the problem because it's too difficult to solve. B) Make more things with plastic because they're easy to use.
C) Work together with shops and people nearby to find ways to use less plastic. D) Blame others for the plastic waste issue.

Answer: C) Work together with shops and people nearby to find ways to use less plastic.

29. Mahima has an Instagram page for her jewelry business. What should she do to connect with her customers?

- A) Post about a T.V. show she likes B) Post cooking videos
C) Post dance reels D) Share daily updates about her business as Stories on social media

Answer: D) Share daily updates about her business as Stories on social media

30. Why should you reply to comments on YouTube?

- A) So viewers feel connected B) To get more videos
C) To get more friends D) To use the internet

Answer: A) So viewers feel connected

31. Which option below describes a 'gig' in the gig economy?

- A) None of these B) A specific task or project
C) A job with full-time hours and benefits D) A typical 9-5 job

Answer: B) A specific task or project

32. Sneha plans to move to a different city for work. What things should she think about before making this decision?

- A) If she can earn more money and save some too B) If she can find a job that helps her learn and grow
C) All of these D) How much it will cost to travel and live there

Answer: C) All of these

33. A _____ helps gig workers find customers and provide services at a fixed charge.

- A) Netflix B) bank
C) school D) platform/app

Answer: D) platform/app

34. You are at work, and a coworker asks for your support/help with a task. How would you respond informally?

- A) Sure, I can help. What do you need? B) I am too busy right now. Ask someone else.
C) Could you please submit a formal request via email? D) I can help, but seriously, you don't even know this much? What's the problem?

Answer: A) Sure, I can help. What do you need?

35. What is workplace etiquette?

- A) Casual behavior with colleagues B) Everyday manners outside of work
C) None of these D) Proper behavior in the workplace based on respect and professionalism

Answer: D) Proper behavior in the workplace based on respect and professionalism

36. Rahul is applying for a job. Which of these documents should he attach to his job application email?

- A) Photographs from childhood B) Address Proof
C) Birth certificate D) Resume, Course and Training Certificates

Answer: D) Resume, Course and Training Certificates

37. Which section of the Skill India Digital Platform helps users find physical training centers nearby?

- A) Recommendations B) Skill Centres
C) Skill Courses D) Job Exchange

Answer: B) Skill Centres

38. What does migrating for work mean?

- A) Staying in the same place for work B) Changing jobs within the same city
C) Moving to a different place to find a job D) Working from home

Answer: C) Moving to a different place to find a job

39. Which of the following are included in a resume?

- A) Hobbies, favorite foods, and personal interests
B) Childhood memories, dreams, and aspirations
C) Contact information, educational details, skills and work experience
D) Daily routine, favorite movies, and vacation plans

Answer: C) Contact information, educational details, skills and work experience

40. While working with your team on a project, one of your coworkers is finding it difficult to finish their job. What should you do in this situation?

- A) Help and support them to finish their work.
B) Ignore their problem and focus on your own work.
C) Finish their work for them.
D) Complain about them to the boss.

Answer: A) Help and support them to finish their work.

41. Mehul is making a plan for his business. Which of the following is NOT included in a business plan?

- A) Startup costs
B) Business idea
C) Future growth strategies
D) Personal interests and hobbies

Answer: D) Personal interests and hobbies

42. Which term describes using things in a way that can last for a long time without causing harm?

- A) Resources
B) Eco-friendliness
C) Pollution
D) Sustainability

Answer: D) Sustainability

43. Venu includes a clear subject in his email. Why is that important?

- A) To show he has good English skills
B) None of these
C) To tell the company what the email is about
D) Email cannot be sent without a subject line

Answer: C) To tell the company what the email is about

44. Which of the following statements shows good teamwork?

- A) Criticizing teammates' efforts
B) Keeping all ideas to yourself
C) Working together towards a common goal
D) Ignoring others' ideas and opinions

Answer: C) Working together towards a common goal

45. Which of the following is considered appropriate workplace behavior?

- A) Being late to work regularly
B) Interrupting others during meetings
C) Maintaining a clean workspace
D) Talking loudly on the phone

Answer: C) Maintaining a clean workspace

46. What is an important future workplace skill for employees?

- A) Doing paperwork
B) Planning holidays
C) Networking and relationship- building
D) Doing manual work

Answer: C) Networking and relationship- building

47. If you face a problem in your community, which of the following entrepreneurial mindset traits would be most helpful?

- A) Waiting until everything is perfect to do something
B) Taking action to solve the problem
C) Ignoring the problem and hoping it goes away
D) Blaming others for the problem

Answer: B) Taking action to solve the problem

48. Christy is working at her desk. Which of the following behaviors is inappropriate in the workplace?

- A) Speak in a polite and clear manner
B) Tap repeatedly on the desk
C) Maintain a clean workspace
D) Focus on tasks and avoid distractions from phone

Answer: B) Tap repeatedly on the desk

49. What are some people related problems in a workplace?

- A) Communication problems
B) Not enough workers
C) All of these
D) Workers don't know the tasks

Answer: C) All of these

50. What does having a green mindset mean?

- A) Making choices that harm the environment
B) Using resources without considering sustainability
C) Caring for the environment and using resources wisely
D) Ignoring pollution and waste management

Answer: C) Caring for the environment and using resources wisely