

ITI Quiz-ESK - 07- Feb-2026 1 PM

Q. ID: ITISKILL9373NR

February 2026

Trinity, College ,udhyavara udupi

Answer Key

Duration: 155 Mins

Total Marks: 50

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1. You are at work, and a coworker asks for your support/help with a task. How would you respond informally?

- A) I can help, but seriously, you don't even know this much? What's the problem?
B) Sure, I can help. What do you need?
C) Could you please submit a formal request via email?
D) I am too busy right now. Ask someone else.

Answer: B) Sure, I can help. What do you need?

2. What does migrating for work mean?

- A) Working from home
B) Changing jobs within the same city
C) Staying in the same place for work
D) Moving to a different place to find a job

Answer: D) Moving to a different place to find a job

3. While working with your team on a project, one of your coworkers is finding it difficult to finish their job. What should you do in this situation?

- A) Finish their work for them.
B) Complain about them to the boss.
C) Ignore their problem and focus on your own work.
D) Help and support them to finish their work.

Answer: D) Help and support them to finish their work.

4. Venu includes a clear subject in his email. Why is that important?

- A) None of these
B) To show he has good English skills
C) Email cannot be sent without a subject line
D) To tell the company what the email is about

Answer: D) To tell the company what the email is about

5. A green practice involves any activity that_____?

- A) causes harm to the environment
B) generates pollution
C) involves consuming too much
D) protects and takes care of the environment and resources

Answer: D) protects and takes care of the environment and resources

6. Which of the following are good work habits?

- A) Staying calm when work is challenging
B) Following workplace rules
C) Not giving up when something goes wrong
D) All of the above

Answer: D) All of the above

7. Sneha plans to move to a different city for work. What things should she think about before making this decision?

- A) How much it will cost to travel and live there
B) All of these
C) If she can earn more money and save some too
D) If she can find a job that helps her learn and grow

Answer: B) All of these

8. A green workplace_____.

- A) uses disposable items and plastic water bottles
B) ignores waste separation and recycling
C) keeps the lights on all the time
D) uses less paper and energy- saving lights

Answer: D) uses less paper and energy- saving lights

9. Which option below describes a 'gig' in the gig economy?

- A) A job with full- time hours and benefits
B) None of these
C) A typical 9-5 job
D) A specific task or project

Answer: D) A specific task or project

10. Ranjit has a small bakery business. Using WhatsApp for Business can help Ranjit _____.

- A) check status updates
B) watch baking tutorial videos
C) quickly respond to customerorders and questions
D) chat withfriends

Answer: C) quickly respond to customerorders and questions

11. Mahima has an Instagram page for her jewelry business. What should she do to connect with her customers?

- A) Share daily updates about her business as Stories on social media
B) Post cooking videos
C) Post dance reels
D) Post about a T.V. show she likes

Answer: A) Share daily updates about her business as Stories on social media

12. Why should you reply to comments on YouTube?

- A) To get more friends
B) To get more videos
C) So viewers feel connected
D) To use the internet

Answer: C) So viewers feel connected

13. What is an important future workplace skill for employees?

- A) Doing paperwork
- B) Planning holidays
- C) Doing manual work
- D) Networking and relationship- building

Answer: D) Networking and relationship- building

14. Which of the following are included in a resume?

- A) Daily routine, favorite movies, and vacation plans
- B) Contact information, educational details, skills and work experience
- C) Childhood memories, dreams, and aspirations
- D) Hobbies, favorite foods, and personal interests

Answer: B) Contact information, educational details, skills and work experience

15. Which term describes using things in a way that can last for a long time without causing harm?

- A) Eco-friendliness
- B) Pollution
- C) Sustainability
- D) Resources

Answer: C) Sustainability

16. Your community wants to reduce plastic waste. How can you use Design Thinking to find new ideas to solve this problem?

- A) Ignore the problem because it's too difficult to solve.
- B) Work together with shops and people nearby to find ways to use less plastic.
- C) Blame others for the plastic waste issue.
- D) Make more things with plastic because they're easy to use.

Answer: B) Work together with shops and people nearby to find ways to use less plastic.

17. Christy is working at her desk. Which of the following behaviors is inappropriate in the workplace?

- A) Tap repeatedly on the desk
- B) Speak in a polite and clear manner
- C) Focus on tasks and avoid distractions from phone
- D) Maintain a clean workspace

Answer: A) Tap repeatedly on the desk

18. When searching for new information on Google, why is it important to use the right words?

- A) To change the color of the search page
- B) To make the screen brighter
- C) To find correct and useful information
- D) To learn a new language

Answer: C) To find correct and useful information

19. How can you become self-employed?

- A) Try your idea on a small scale
- B) All of these

C) Learn about the work, take small courses

D) Use chats, local ads and ask friends to spread the word

Answer: B) All of these

20. Ravi is working on a project with two other teammates. Which of these make him a good team player?

- A) Thinking he can never make a mistake
- B) Not listening to his teammates ideas and opinions
- C) Sharing ideas to help the team work faster
- D) Getting angry when others don't listen

Answer: C) Sharing ideas to help the team work faster

21. If your first design doesn't work, what should you do?

- A) Make something else
- B) None of these
- C) Ask for feedback and try to improve
- D) Give up on it

Answer: C) Ask for feedback and try to improve

22. Mehul is making a plan for his business. Which of the following is NOT included in a business plan?

- A) Future growth strategies
- B) Business idea
- C) Personal interests and hobbies
- D) Startup costs

Answer: C) Personal interests and hobbies

23. Sia is applying for the electrician position, how should she start her email to the company?

- A) Attach her favorite photos.
- B) Begin with a clear subject line and a polite greeting.
- C) Start with a joke.
- D) Write a short story about her hobbies.

Answer: B) Begin with a clear subject line and a polite greeting.

24. Which of the following is NOT a people skill required in a workplace?

- A) Supporting coworkers
- B) Listening
- C) Being kind
- D) Technical skills

Answer: D) Technical skills

25. Imagine you are setting up a mobile repair shop. Which of the following is the most important for its success?

- A) Putting up flyers in the neighborhood
- B) Setting up the shop in a busy area
- C) Picking the right shop name
- D) Offering repair services at a higher price

Answer: B) Setting up the shop in a busy area

26. If you face a problem in your community, which of the following entrepreneurial mindset traits would be most helpful?

- A) Taking action to solve the problem
B) Ignoring the problem and hoping it goes away
C) Blaming others for the problem
D) Waiting until everything is perfect to do something

Answer: A) Taking action to solve the problem

27. Before applying for a job, why is it important to check the skills required for a job?

- A) To be sure you can do the job well.
B) To chat with friends about it.
C) To impress the interviewer.
D) It is not important to check the skills required for a job.

Answer: A) To be sure you can do the job well.

28. You notice a coworker struggling with their workload. What should you do?

- A) Report their struggles to the supervisor.
B) Offer to help them with their tasks.
C) Ignore their struggles and focus on your own work.
D) Laugh at their inability to manage their workload.

Answer: B) Offer to help them with their tasks.

29. What should you always remember when creating your profile on a job portal?

- A) To include skills required for the job, even if you don't have them
B) To always be truthful
C) To leave out important information
D) To use a fake name

Answer: B) To always be truthful

30. What is workplace etiquette?

- A) None of these
B) Proper behavior in the workplace based on respect and professionalism
C) Everyday manners outside of work
D) Casual behavior with colleagues

Answer: B) Proper behavior in the workplace based on respect and professionalism

31. Which section of the Skill India Digital Platform helps users find physical training centers nearby?

- A) Skill Centres
B) Skill Courses
C) Recommendations
D) Job Exchange

Answer: A) Skill Centres

32. Pooja is applying for a Motor Mechanics position in an automobile company. What should she include in her cover letter?

- A) Reasons why she is suitable for the role
B) Her hobbies - cooking, gardening
C) Education details
D) Salary expectations

Answer: A) Reasons why she is suitable for the role

33. Which of the following is considered appropriate workplace behavior?

- A) Interrupting others during meetings
B) Being late to work regularly
C) Talking loudly on the phone
D) Maintaining a clean workspace

Answer: D) Maintaining a clean workspace

34. Rahul is applying for a job. Which of these documents should he attach to his job application email?

- A) Birth certificate
B) Address Proof
C) Photographs from childhood
D) Resume, Course and Training Certificates

Answer: D) Resume, Course and Training Certificates

35. While thinking about learning, what are the questions you can ask yourself?

- A) Was it easy or difficult to learn?
B) All of these
C) How can I learn better?
D) What did I learn?

Answer: B) All of these

36. Maya needs funding for her small business. What can she do to find a suitable investor?

- A) Wait for the suitable investor to find her
B) Send her business plan to every investor she finds online.
C) Send her business plan to her friends and ask them to send it to investors they may know.
D) Attend networking events to meet suitable investors.

Answer: D) Attend networking events to meet suitable investors.

37. When thinking of new ideas, why is it important to share ideas with others, even if they are not perfect?

- A) To make others feel included.
B) To impress others.
C) Talking can help make ideas better.
D) To show off your knowledge.

Answer: C) Talking can help make ideas better.

38. Your friend suggests going for a picnic. She asks you to bring disposable plates and cups. Which of the following actions shows your commitment to a green mindset?

- A) Ignore the invite to the picnic
B) Say yes and bring disposable plates and cups
C) Bring reusable plates and cups
D) Bring green color disposable plates and cups

Answer: C) Bring reusable plates and cups

39. What is a job portal?

- A) A building where you go to find work.
- B) A website where companies post jobs and people can search and apply for them.
- C) A place where you can play games and talk to friends.
- D) A special room where job interviews happen online.
- Answer: B) A website where companies post jobs and people can search and apply for them.**

40. Which of the following statements shows good teamwork?

- A) Keeping all ideas to yourself
- B) Working together towards a common goal
- C) Criticizing teammates' efforts
- D) Ignoring others' ideas and opinions

Answer: B) Working together towards a common goal

41. What does having a green mindset mean?

- A) Making choices that harm the environment
- B) Ignoring pollution and waste management
- C) Using resources without considering sustainability
- D) Caring for the environment and using resources wisely

Answer: D) Caring for the environment and using resources wisely

42. Shreeja made a new bag design and showed it to 5 different people for feedback. Why is it important to listen to different users and not just one?

- A) To get a lot of ideas
- B) To understand the common problems from different users
- C) Because it's fun
- D) To get a lot of appreciation for her work

Answer: B) To understand the common problems from different users

43. A _____ helps gig workers find customers and provide services at a fixed charge.

- A) platform/app
- B) bank
- C) school
- D) Netflix

Answer: A) platform/app

44. Which of the following is a self-management skill?

- A) Honesty and Integrity
- B) Commitment
- C) Adaptability and Flexibility
- D) All of these

Answer: D) All of these

45. If your coworkers don't agree with your project idea, what's a good way to handle it with an entrepreneurial mindset?

- A) Stick to your idea without listening to others
- B) Stop talking about it
- C) Ask for feedback and make your idea better with their help
- D) Give up on your idea

Answer: C) Ask for feedback and make your idea better with their help

46. Kalpana is migrating to Bangalore from Hubli for her new job. She has received the job offer letter. What should she do to migrate safely?

- A) Always share her exact location on social media
- B) Buy gifts for her new neighbours
- C) Believe everything brokers say
- D) Research about living in Bangalore

Answer: D) Research about living in Bangalore

47. Pranav is working on his resume. While reviewing his resume, what should Pranav keep in mind?

- A) All of these
- B) Check for spelling and grammar mistakes
- C) Highlight skills and qualifications that match the job
- D) Ensure that the information provided is correct

Answer: A) All of these

48. What is the main purpose of the Skill India Digital Platform?

- A) To provide financial assistance for job seekers
- B) To offer offline training programs
- C) To facilitate online learning and skill development
- D) To promote international job opportunities

Answer: C) To facilitate online learning and skill development

49. What are some people related problems in a workplace?

- A) Not enough workers
- B) Workers don't know the tasks
- C) All of these
- D) Communication problems

Answer: C) All of these

50. Which of the following is NOT needed for teamwork?

- A) Conflict and argument
- B) Trust
- C) Division of work
- D) Healthy communication

Answer: A) Conflict and argument