

# ITI Quiz ESK- 02-

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Q. ID: ITISKILL8292F8

March 2026

Trinity, College udhyavara udupi

Question Paper

Duration: 160 Mins

Total Marks: 50

ID: ITISKILL8292F8

Student Name: \_\_\_\_\_ Roll No: \_\_\_\_\_

1. Which of the following is a formal introduction in a job interview?

- A) Hey there! I'm Parmeet, nice to meet you!  
B) Yo, I'm Parmeet. Let's get started!  
C) Good morning/ afternoon. I am Parmeet and I want to thank you for considering me for this role.  
D) Hi, I'm Parmeet. Thanks for having me!

2. Entrepreneurship means \_\_\_\_\_.?

- A) Managing career  
B) Starting a new career  
C) Supporting a business person  
D) Running your own business

3. Women and men are often not paid the same salary for the same job. This is known as \_\_\_\_\_.

- A) Nutrition gap  
B) Gender pay gap  
C) Learning gap  
D) Gender gap

4. Sunita has collected some information from the internet and sorted it. What is the best way for her to share it with her team?

- A) Print all the information and give it to the team members.  
B) Share only the main points clearly: Use simple words and pictures, if possible  
C) Tell everything she read in detail  
D) Talk only about the bad websites

5. Now or never close, summary close and question close are 3 important \_\_\_\_\_.

- A) Discount  
B) Probing techniques  
C) Opening techniques  
D) Closing Techniques

6. Words that are used to name people, places, animals and things are \_\_\_\_\_.

- A) Table  
B) Person  
C) Naming words  
D) Key

7. Nisha loves cooking and she is good at dancing. Her ability is \_\_\_\_\_.

- A) Singing  
B) Cooking  
C) Painting  
D) Dancing

8. Which of the following is a correct Gmail id?

- A) xyz@gmail. com  
B) gmail@xyz  
C) xyz@ outlook.gmail  
D) xyz@gmail

9. A hotel asked its customer's to fill customer satisfaction survey. What are they trying to do?

- A) Advertise their hotel  
B) Promote their hotel  
C) Collect customer feedback  
D) Sell more hotels

10. John wasn't selected for a job because he is a man. What type of discrimination is this?

- A) Gender discrimination  
B) Age discrimination  
C) Education discrimination  
D) Color discrimination

11. \_\_\_\_\_ cost increases or decreases depending on how much we produce or sell.

- A) Variable  
B) Fixed  
C) Total  
D) Maintenance

12. Preeti wants to find a video on pasta recipe. Which of the following mobile apps can she use for the same?

- A) Mobile Banking  
B) Email  
C) YouTube  
D) Whatsapp

13. Sonu wants to connect a device wirelessly to a computer. What technology can he use?

- A) USB  
B) Wire  
C) Bluetooth  
D) Switch

14. You notice a coworker struggling with their workload. What should you do?

- A) Report their struggles to the supervisor.  
B) Laugh at their inability to manage their workload.  
C) Offer to help them with their tasks.  
D) Ignore their struggles and focus on your own work.

15. \_\_\_\_\_ opportunities can also be found during industry visit.

- A) Cooking  
B) Playing  
C) Painting  
D) Internship

16. What kind of stress can lead to lifelong physical and mental health issues?

- A) Mid-term
- B) Short-term
- C) Good stress
- D) Long-term

17. \_\_\_\_\_ is a tool that blocks unsafe pages when you are using a search engine.

- A) Web page
- B) Google
- C) Safe search
- D) Telegram

18. The goal that someone plans to achieve within a year is called a \_\_\_\_\_.

- A) Milestone
- B) Desire
- C) Long term goal
- D) Steps

19. Emotions can be expressed through your \_\_\_\_.

- A) Height
- B) Situation
- C) Weight
- D) Voice

20. Ravi has the following habits. Which of these is a green practice?

- A) Carrying a cloth bag to buy groceries
- B) Buying unnecessary items
- C) Leaving lights and fans on when leaving a room
- D) Buying single-use plastic water bottles

21. Which of the following is not a part of a desktop Computer?

- A) Web Camera
- B) Monitor
- C) Antenna
- D) Mouse

22. We can learn English by \_\_\_\_\_?

- A) Cooking
- B) Playing
- C) None of these
- D) Reading newspaper

23. \_\_\_\_\_ is a sales technique that aims to market additional products to the customers.

- A) Lying
- B) Probing
- C) FAB
- D) Cross selling

24. Saif's college professor guided him to choose the right career path. He must show \_\_\_\_\_ to his guide.

- A) Gratitude
- B) Arrogance
- C) Anger
- D) Fear

25. Mehul is making a plan for his business. Which of the following is NOT included in a business plan?

- A) Future growth strategies
- B) Personal interests and hobbies
- C) Business idea
- D) Startup costs

26. Which is not a type of non-verbal communication ?

- A) Hand movements
- B) Facial expression
- C) Eye-contact
- D) E-mail

27. How can we save resources on our planet?

- A) Use less plastic
- B) All of these
- C) Use less electricity
- D) Create less pollution

28. The time blocked for work is called a \_\_\_\_\_ technique.

- A) Domo
- B) Pomodoro
- C) Pomo
- D) Doro

29. How does Market Scan help with running a business?

- A) Helps in making the business plan
- B) All of these
- C) Helps understand about other similar business
- D) Gives an idea about the customers

30. Regular payment made by the employer to the employee is \_\_\_\_\_.

- A) Appraisal
- B) Debt
- C) Salary
- D) Loan

31. During criticism we must remain \_\_\_\_\_ and \_\_\_\_\_ to the person.

- A) calm and listen
- B) shout and cry
- C) fight and cry
- D) happy and joyful

32. If you are trained as an electrician and want a job in Delhi, what should you type in the search box of a job portal?

- A) Electrician jobs in Delhi
- B) Delhi job
- C) Electrician training
- D) Electrician job

33. Which of the following websites is helpful in learning and career growth?

- A) Codecademy
- B) Coursera
- C) All of these
- D) Khan Academy

34. The Indian government passed the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act in 2013. In simpler terms, it is also called \_\_\_\_\_?

- A) SHWW
- B) SOS
- C) POSH
- D) PPR

35. You are at work, and a coworker asks for your support/help with a task. How would you respond informally?

- A) Could you please submit a formal request via email?
- B) I can help, but seriously, you don't even know this much? What's the problem?

C) Sure, I can help. What do you need?  
D) I am too busy right now. Ask someone else.

A) Try, Create and Decide

B) Listen, Choose, Plan, Try, Ask

C) Imagine, Plan and Try

D) Imagine, Decide, Create and Try

36. Kirti attended a guest lecture. How can she use her mobile phone to understand the difficult words?

- A) Use a dictionary app  
B) Shopping app  
C) Grocery app  
D) Cosmetics store app

44. Which of the following is not a part of decision-making?

- A) Generate options  
B) Implement decision  
C) Performance  
D) Identify problem

37. Clear communication leads to \_\_\_\_.

- A) Faster work  
B) Slow work  
C) Different work  
D) Opposite work

45. What is the shortcut key for Print?

- A) Ctrl+P  
B) Ctrl+Z  
C) Ctrl+B  
D) Ctrl+U

38. A green workplace \_\_\_\_\_.

- A) uses less paper and energy- saving lights  
B) uses disposable items and plastic water bottles  
C) keeps the lights on all the time  
D) ignores waste separation and recycling

46. Venu includes a clear subject in his email. Why is that important?

- A) To show he has good English skills  
B) None of these  
C) To tell the company what the email is about  
D) Email cannot be sent without a subject line

39. Which of these services can you find on platform-based job portals?

- A) Beauty salon services  
B) All of these  
C) Home & Appliance Repair services  
D) Cleaning services

47. Sam wants to learn computer coding skills for free and his friend has recommended \_\_\_\_\_ website for the same.

- A) Codecademy  
B) Duolingo  
C) Khan Academy  
D) NPTEL

40. Which among these is NOT a digital wallet?

- A) Paytm  
B) Internet explorer  
C) MobiKwik  
D) PhonePe

48. SMART stands for \_\_\_\_\_.

- A) Specific, Memorable, Achievable, Relevant, and Time-Bound.  
B) Specific, Measurable, Achievable, Relevant, and Trim  
C) Specific, Measurable, Achievable, Relevant, and Time-Bound.  
D) Specific, Measurable, Archive, Relevant, and Time-Bound.

41. Before sharing the information on social media THINK questions to be asked by oneself;

- A) Is it Necessary?  
B) Is it True?  
C) All of these  
D) Is it Helpful?

49. Pooja is applying for a Motor Mechanics position in an automobile company. What should she include in her cover letter?

- A) Reasons why she is suitable for the role  
B) Salary expectations  
C) Education details  
D) Her hobbies - cooking, gardening

42. Imagine you are starting a bakery business. What would you focus on first in your business plan?

- A) Selecting a catchy name for the bakery  
B) Calculating how much money you need to start the business  
C) Figuring out how the business will grow  
D) Planning how to advertise the bakery on social media

50. Shyam avoids the use of plastic and chemical fertilizers. He is practising a \_\_\_\_.

- A) Modern lifestyle  
B) Busy lifestyle  
C) Green lifestyle  
D) Unhealthy lifestyle