

# ITI Quiz ESK- 02-

## Mar-2026 01:39 PM

Q. ID: ITISKILL8292F8

March 2026

Trinity, College udhyavara udupi

Answer Key

Duration: 160 Mins

Total Marks: 50

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1. Preeti wants to find a video on pasta recipe. Which of the following mobile apps can she use for the same?

- A) YouTube
- B) Mobile Banking
- C) Whatsapp
- D) Email

Answer: A) YouTube

2. Mehul is making a plan for his business. Which of the following is NOT included in a business plan?

- A) Startup costs
- B) Personal interests and hobbies
- C) Future growth strategies
- D) Business idea

Answer: B) Personal interests and hobbies

3. You are at work, and a coworker asks for your support/help with a task. How would you respond informally?

- A) Could you please submit a formal request via email?
- B) Sure, I can help. What do you need?
- C) I can help, but seriously, you don't even know this much? What's the problem?
- D) I am too busy right now. Ask someone else.

Answer: B) Sure, I can help. What do you need?

4. Sonu wants to connect a device wirelessly to a computer. What technology can he use?

- A) Bluetooth
- B) Switch
- C) Wire
- D) USB

Answer: A) Bluetooth

5. What are the different steps in Design Thinking?

- A) Listen, Choose, Plan, Try, Ask
- B) Imagine, Plan and Try
- C) Try, Create and Decide
- D) Imagine, Decide, Create and Try

Answer: A) Listen, Choose, Plan, Try, Ask

6. What is the shortcut key for Print?

- A) Ctrl+Z
- B) Ctrl+B
- C) Ctrl+P
- D) Ctrl+U

Answer: C) Ctrl+P

7. John wasn't selected for a job because he is a man. What type of discrimination is this?

- A) Color discrimination
- B) Age discrimination
- C) Gender discrimination
- D) Education discrimination

Answer: C) Gender discrimination

8. The goal that someone plans to achieve within a year is called a \_\_\_\_\_.

- A) Milestone
- B) Steps
- C) Long term goal
- D) Desire

Answer: A) Milestone

9. Nisha loves cooking and she is good at dancing. Her ability is \_\_\_\_\_.

- A) Painting
- B) Cooking
- C) Dancing
- D) Singing

Answer: C) Dancing

10. Which of these services can you find on platform-based job portals?

- A) Beauty salon services
- B) Home & Appliance Repair services
- C) All of these
- D) Cleaning services

Answer: C) All of these

11. \_\_\_\_\_ is a tool that blocks unsafe pages when you are using a search engine.

- A) Google
- B) Web page
- C) Telegram
- D) Safe search

Answer: D) Safe search

12. During criticism we must remain \_\_\_\_\_ and \_\_\_\_\_ to the person.

- A) calm and listen
- B) happy and joyful
- C) shout and cry
- D) fight and cry

Answer: A) calm and listen

13. We can learn English by \_\_\_\_\_?

- A) Cooking
- B) None of these
- C) Reading newspaper
- D) Playing

Answer: C) Reading newspaper

14. Which among these is NOT a digital wallet?

- A) MobiKwik
- B) Internet explorer
- C) PhonePe
- D) Paytm

Answer: B) Internet explorer

15. Before sharing the information on social media THINK questions to be asked by oneself;

- A) Is it Necessary?
- B) Is it True?

C) Is it Helpful? D) All of these

**Answer: D) All of these**

16. Sam wants to learn computer coding skills for free and his friend has recommended \_\_\_\_\_ website for the same.

- A) NPTEL B) Khan Academy  
C) Duolingo D) Codecademy

**Answer: D) Codecademy**

17. Words that are used to name people, places, animals and things are \_\_\_\_\_.

- A) Key B) Naming words  
C) Table D) Person

**Answer: B) Naming words**

18. Which of the following is not a part of a desktop Computer?

- A) Monitor B) Antenna  
C) Web Camera D) Mouse

**Answer: B) Antenna**

19. How does Market Scan help with running a business?

- A) Helps understand about other similar business  
B) Gives an idea about the customers  
C) Helps in making the business plan  
D) All of these

**Answer: D) All of these**

20. Shyam avoids the use of plastic and chemical fertilizers. He is practising a \_\_\_\_\_.

- A) Unhealthy lifestyle B) Green lifestyle  
C) Busy lifestyle D) Modern lifestyle

**Answer: B) Green lifestyle**

21. A hotel asked its customer's to fill customer satisfaction survey. What are they trying to do?

- A) Promote their hotel B) Collect customer feedback  
C) Sell more hotels D) Advertise their hotel

**Answer: B) Collect customer feedback**

22. \_\_\_\_\_ opportunities can also be found during industry visit.

- A) Cooking B) Internship  
C) Painting D) Playing

**Answer: B) Internship**

23. Ravi has the following habits. Which of these is a green practice?

- A) Leaving lights and fans on when leaving a room  
B) Carrying a cloth bag to buy groceries  
C) Buying single- use plastic water bottles  
D) Buying unnecessary items

**Answer: B) Carrying a cloth bag to buy groceries**

24. Emotions can be expressed through your \_\_\_\_\_.

- A) Weight B) Height  
C) Situation D) Voice

**Answer: D) Voice**

25. Pooja is applying for a Motor Mechanics position in an automobile company. What should she include in her cover letter?

- A) Education details B) Salary expectations  
C) Reasons why she is suitable for the role  
D) Her hobbies - cooking, gardening

**Answer: C) Reasons why she is suitable for the role**

26. Kirti attended a guest lecture. How can she use her mobile phone to understand the difficult words?

- A) Cosmetics store app B) Shopping app  
C) Use a dictionary app D) Grocery app

**Answer: C) Use a dictionary app**

27. Which of the following is a correct Gmail id?

- A) gmail@xyz B) xyz@ outlook.gmail  
C) xyz@gmail D) xyz@gmail.com

**Answer: D) xyz@gmail.com**

28. The time blocked for work is called a \_\_\_\_\_ technique.

- A) Pomodoro B) Pomo  
C) Domo D) Doro

**Answer: A) Pomodoro**

29. SMART stands for \_\_\_\_\_.

- A) Specific, Measurable, Achievable, Relevant, and Trim  
B) Specific, Memorable, Achievable, Relevant, and Time-Bound.  
C) Specific, Measurable, Archive, Relevant, and Time-Bound.  
D) Specific, Measurable, Achievable, Relevant, and Time-Bound.

**Answer: D) Specific, Measurable, Achievable, Relevant, and Time-Bound.**

30. Imagine you are starting a bakery business. What would you focus on first in your business plan?

- A) Planning how to advertise the bakery on social media  
B) Calculating how much money you need to start the business  
C) Selecting a catchy name for the bakery  
D) Figuring out how the business will grow

**Answer: B) Calculating how much money you need to start the business**

31. Women and men are often not paid the same salary for the same job. This is known as \_\_\_\_\_.

- A) Gender pay gap                      B) Gender gap  
C) Nutrition gap                        D) Learning gap

**Answer: A) Gender pay gap**

**32.** Saif's college professor guided him to choose the right career path. He must show \_\_\_?to his guide.

- A) Fear                                      B) Arrogance  
C) Anger                                    D) Gratitude

**Answer: D) Gratitude**

**33.** What kind of stress can lead to lifelong physical and mental health issues?

- A) Mid-term                                B) Long-term  
C) Good stress                            D) Short-term

**Answer: B) Long-term**

**34.** Which of the following websites is helpful in learning and career growth?

- A) All of these                              B) Codecademy  
C) Coursera                                D) Khan Academy

**Answer: A) All of these**

**35.** You notice a coworker struggling with their workload. What should you do?

- A) Ignore their struggles and focus on your own work.  
B) Report their struggles to the supervisor.  
C) Offer to help them with their tasks.  
D) Laugh at their inability to manage their workload.

**Answer: C) Offer to help them with their tasks.**

**36.** How can we save resources on our planet?

- A) Create less pollution                B) All of these  
C) Use less plastic                        D) Use less electricity

**Answer: B) All of these**

**37.** Entrepreneurship means \_\_\_\_?.

- A) Starting a new career                B) Running your own business  
C) Managing career                        D) Supporting a business person

**Answer: B) Running your own business**

**38.** The Indian government passed the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act in 2013. In simpler terms, it is also called \_\_\_\_?.

- A) SOS                                        B) PPR  
C) SHWW                                    D) POSH

**Answer: D) POSH**

**39.** If you are trained as an electrician and want a job in Delhi, what should you type in the search box of a job portal?

- A) Electrician jobs in Delhi              B) Electrician job

- C) Electrician training                    D) Delhi job

**Answer: A) Electrician jobs in Delhi**

**40.** Regular payment made by the employer to the employee is \_\_\_\_.

- A) Loan                                      B) Debt  
C) Appraisal                                D) Salary

**Answer: D) Salary**

**41.** Which is not a type of non-verbal communication ?

- A) Facial expression                      B) Hand movements  
C) Eye-contact                              D) E-mail

**Answer: D) E-mail**

**42.** A green workplace\_\_\_\_\_.

- A) uses less paper and energy- saving lights  
B) uses disposable items and plastic water bottles  
C) keeps the lights on all the time  
D) ignores waste separation and recycling

**Answer: A) uses less paper and energy- saving lights**

**43.** Venu includes a clear subject in his email. Why is that important?

- A) To tell the company what the email is about  
B) Email cannot be sent without a subject line  
C) None of these  
D) To show he has good English skills

**Answer: A) To tell the company what the email is about**

**44.** \_\_\_\_ cost increases or decreases depending on how much we produce or sell.

- A) Total                                        B) Fixed  
C) Variable                                    D) Maintenance

**Answer: C) Variable**

**45.** Clear communication leads to \_\_\_\_.

- A) Opposite work                            B) Slow work  
C) Different work                            D) Faster work

**Answer: D) Faster work**

**46.** Now or never close, summary close and question close are 3 important \_\_\_\_.

- A) Closing Techniques                    B) Opening techniques  
C) Probing techniques                    D) Discount

**Answer: A) Closing Techniques**

**47.** Which of the following is not a part of decision-making?

- A) Implement decision                      B) Identify problem  
C) Generate options                        D) Performance

**Answer: D) Performance**

48. Sunita has collected some information from the internet and sorted it. What is the best way for her to share it with her team?

- A) Tell everything she read in detail
- B) Print all the information and give it to the team members.
- C) Share only the main points clearly: Use simple words and pictures, if possible
- D) Talk only about the bad websites

**Answer: C) Share only the main points clearly: Use simple words and pictures, if possible**

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49. Which of the following is a formal introduction in a job interview?

A) Hi, I'm Parmeet. Thanks for having me!

C) Hey there! I'm Parmeet, nice to meet you!

B) Good morning/ afternoon. I am Parmeet and I want to thank you for considering me for this role.

D) Yo, I'm Parmeet. Let's get started!

**Answer: B) Good morning/ afternoon. I am Parmeet and I want to thank you for considering me for this role.**

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50. \_\_\_\_\_ is a sales technique that aims to market additional products to the customers.

A) Cross selling

C) Probing

B) Lying

D) FAB

**Answer: A) Cross selling**

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