

# ITI Quiz ESK- 02-

## Mar-2026 01:39 PM

Q. ID: ITISKILL8292F8

March 2026

Trinity, College udhyavara udupi

Answer Key

Duration: 160 Mins

Total Marks: 50

Q.ID: ITISKILL8292F8

1. Which of the following is a correct Gmail id?

- A) xyz@ outlook.gmail      B) gmail@xyz  
C) xyz@gmail                D) xyz@gmail. com

**Answer: D) xyz@gmail. com**

2. A green workplace\_\_\_\_\_.

- A) uses disposable items and plastic water bottles  
B) keeps the lights on all the time  
C) ignores waste separation and recycling  
D) uses less paper and energy- saving lights

**Answer: D) uses less paper and energy- saving lights**

3. Kirti attended a guest lecture. How can she use her mobile phone to understand the difficult words?

- A) Cosmetics store app      B) Grocery app  
C) Shopping app              D) Use a dictionary app

**Answer: D) Use a dictionary app**

4. Nisha loves cooking and she is good at dancing. Her ability is \_\_\_\_\_.

- A) Dancing                      B) Cooking  
C) Painting                      D) Singing

**Answer: A) Dancing**

5. Which among these is NOT a digital wallet?

- A) PhonePe                      B) Internet explorer  
C) MobiKwik                    D) Paytm

**Answer: B) Internet explorer**

6. A hotel asked its customer's to fill customer satisfaction survey. What are they trying to do?

- A) Advertise their hotel      B) Sell more hotels  
C) Promote their hotel        D) Collect customer feedback

**Answer: D) Collect customer feedback**

7. Preeti wants to find a video on pasta recipe. Which of the following mobile apps can she use for the same?

- A) Email                         B) Whatsapp  
C) Mobile Banking            D) YouTube

**Answer: D) YouTube**

8. Which of the following is not a part of decision-making?

- A) Generate options          B) Performance

- C) Implement decision        D) Identify problem

**Answer: B) Performance**

9. What are the different steps in Design Thinking?

- A) Listen, Choose, Plan, Try, Ask      B) Try, Create and Decide  
C) Imagine, Decide, Create and Try    D) Imagine, Plan and Try

**Answer: A) Listen, Choose, Plan, Try, Ask**

10. Words that are used to name people, places, animals and things are \_\_\_\_\_.

- A) Key                            B) Table  
C) Naming words                D) Person

**Answer: C) Naming words**

11. Ravi has the following habits. Which of these is a green practice?

- A) Buying unnecessary items      B) Buying single- use plastic water bottles  
C) Leaving lights and fans on when leaving a room      D) Carrying a cloth bag to buy groceries

**Answer: D) Carrying a cloth bag to buy groceries**

12. Which of the following is a formal introduction in a job interview?

- A) Hi, I'm Parmeet. Thanks for having me!      B) Hey there! I'm Parmeet, nice to meet you!  
C) Good morning/ afternoon. I am Parmeet and I want to thank you for considering me for this role.      D) Yo, I'm Parmeet. Let's get started!

**Answer: C) Good morning/ afternoon. I am Parmeet and I want to thank you for considering me for this role.**

13. \_\_\_\_\_opportunities can also be found during industry visit.

- A) Playing                        B) Cooking  
C) Painting                        D) Internship

**Answer: D) Internship**

14. Which of the following websites is helpful in learning and career growth?

- A) All of these                      B) Codecademy  
C) Khan Academy                D) Coursera

**Answer: A) All of these**

15. Emotions can be expressed through your \_\_\_\_.

- A) Voice
- B) Height
- C) Weight
- D) Situation

**Answer: A) Voice**

16. You notice a coworker struggling with their workload. What should you do?

- A) Laugh at their inability to manage their workload.
- B) Report their struggles to the supervisor.
- C) Offer to help them with their tasks.
- D) Ignore their struggles and focus on your own work.

**Answer: C) Offer to help them with their tasks.**

17. Clear communication leads to \_\_\_\_.

- A) Faster work
- B) Opposite work
- C) Slow work
- D) Different work

**Answer: A) Faster work**

18. Now or never close, summary close and question close are 3 important \_\_\_\_.

- A) Discount
- B) Opening techniques
- C) Probing techniques
- D) Closing Techniques

**Answer: D) Closing Techniques**

19. We can learn English by \_\_\_\_?.

- A) Playing
- B) Cooking
- C) None of these
- D) Reading newspaper

**Answer: D) Reading newspaper**

20. Sonu wants to connect a device wirelessly to a computer. What technology can he use?

- A) USB
- B) Switch
- C) Bluetooth
- D) Wire

**Answer: C) Bluetooth**

21. Venu includes a clear subject in his email. Why is that important?

- A) To tell the company what the email is about
- B) Email cannot be sent without a subject line
- C) To show he has good English skills
- D) None of these

**Answer: A) To tell the company what the email is about**

22. The goal that someone plans to achieve within a year is called a \_\_\_\_.

- A) Milestone
- B) Steps
- C) Desire
- D) Long term goal

**Answer: A) Milestone**

23. How does Market Scan help with running a business?

- A) Helps understand about other similar business
- B) Gives an idea about the customers
- C) Helps in making the business plan
- D) All of these

**Answer: D) All of these**

24. \_\_\_\_\_ is a tool that blocks unsafe pages when you are using a search engine.

- A) Safe search
- B) Web page
- C) Google
- D) Telegram

**Answer: A) Safe search**

25. Sunita has collected some information from the internet and sorted it. What is the best way for her to share it with her team?

- A) Tell everything she read in detail
- B) Print all the information and give it to the team members.
- C) Share only the main points clearly: Use simple words and pictures, if possible
- D) Talk only about the bad websites

**Answer: C) Share only the main points clearly: Use simple words and pictures, if possible**

26. SMART stands for \_\_\_\_.

- A) Specific, Measurable, Achievable, Relevant, and Time-Bound.
- B) Specific, Memorable, Achievable, Relevant, and Time-Bound.
- C) Specific, Measurable, Archive, Relevant, and Time-Bound.
- D) Specific, Measurable, Achievable, Relevant, and Trim

**Answer: A) Specific, Measurable, Achievable, Relevant, and Time-Bound.**

27. Saif's college professor guided him to choose the right career path. He must show \_\_\_\_? to his guide.

- A) Fear
- B) Anger
- C) Arrogance
- D) Gratitude

**Answer: D) Gratitude**

28. Mehul is making a plan for his business. Which of the following is NOT included in a business plan?

- A) Startup costs
- B) Future growth strategies
- C) Personal interests and hobbies
- D) Business idea

**Answer: C) Personal interests and hobbies**

29. How can we save resources on our planet?

- A) All of these
- B) Use less electricity
- C) Create less pollution
- D) Use less plastic

**Answer: A) All of these**

30. Women and men are often not paid the same salary for the same job. This is known as \_\_\_\_.

- A) Nutrition gap                      B) Learning gap  
C) Gender gap                         D) Gender pay gap

**Answer: D) Gender pay gap**

**31.** The Indian government passed the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act in 2013. In simpler terms, it is also called \_\_\_\_?.

- A) PPR                                      B) POSH  
C) SOS                                      D) SHWW

**Answer: B) POSH**

**32.** During criticism we must remain \_\_\_\_and \_\_\_\_to the person.

- A) calm and listen                      B) shout and cry  
C) happy and joyful                    D) fight and cry

**Answer: A) calm and listen**

**33.** Regular payment made by the employer to the employee is \_\_\_\_.

- A) Debt                                      B) Loan  
C) Salary                                    D) Appraisal

**Answer: C) Salary**

**34.** \_\_\_\_\_is a sales technique that aims to market additional products to the customers.

- A) Lying                                      B) Probing  
C) FAB                                        D) Cross selling

**Answer: D) Cross selling**

**35.** Shyam avoids the use of plastic and chemical fertilizers. He is practising a \_\_\_\_.

- A) Busy lifestyle                         B) Unhealthy lifestyle  
C) Green lifestyle                        D) Modern lifestyle

**Answer: C) Green lifestyle**

**36.** You are at work, and a coworker asks for your support/help with a task. How would you respond informally?

- A) I can help, but seriously, you don't even know this much? What's the problem?  
B) I am too busy right now. Ask someone else.  
C) Could you please submit a formal request via email?  
D) Sure, I can help. What do you need?

**Answer: D) Sure, I can help. What do you need?**

**37.** Entrepreneurship means \_\_\_\_?.

- A) Supporting a business person                      B) Managing career  
C) Starting a new career    D) Running your own business

**Answer: D) Running your own business**

**38.** Which of the following is not a part of a desktop Computer?

- A) Web Camera                         B) Mouse  
C) Antenna                                 D) Monitor

**Answer: C) Antenna**

**39.** Imagine you are starting a bakery business. What would you focus on first in your business plan?

- A) Calculating how much money you need to start the business  
B) Planning how to advertise the bakery on social media  
C) Selecting a catchy name for the bakery  
D) Figuring out how the business will grow

**Answer: A) Calculating how much money you need to start the business**

**40.** Which of these services can you find on platform-based job portals?

- A) Beauty salon services                      B) All of these  
C) Home & Appliance Repair services                    D) Cleaning services

**Answer: B) All of these**

**41.** What kind of stress can lead to lifelong physical and mental health issues?

- A) Good stress                              B) Long-term  
C) Short-term                                 D) Mid-term

**Answer: B) Long-term**

**42.** Before sharing the information on social media THINK questions to be asked by oneself;

- A) Is it True?                                 B) All of these  
C) Is it Helpful?                              D) Is it Necessary?

**Answer: B) All of these**

**43.** What is the shortcut key for Print?

- A) Ctrl+B                                      B) Ctrl+Z  
C) Ctrl+P                                      D) Ctrl+U

**Answer: C) Ctrl+P**

**44.** John wasn't selected for a job because he is a man. What type of discrimination is this?

- A) Age discrimination                        B) Education discrimination  
C) Gender discrimination                    D) Color discrimination

**Answer: C) Gender discrimination**

**45.** Pooja is applying for a Motor Mechanics position in an automobile company. What should she include in her cover letter?

- A) Reasons why she is suitable for the role  
B) Salary expectations  
C) Her hobbies - cooking, gardening  
D) Education details

**Answer: A) Reasons why she is suitable for the role**

46. \_\_\_\_ cost increases or decreases depending on how much we produce or sell.

- A) Variable
- B) Maintenance
- C) Fixed
- D) Total

**Answer: A) Variable**

---

47. Sam wants to learn computer coding skills for free and his friend has recommended \_\_\_\_ website for the same.

- A) NPTEL
- B) Duolingo
- C) Codecademy
- D) Khan Academy

**Answer: C) Codecademy**

---

48. If you are trained as an electrician and want a job in Delhi, what should you type in the search box of a job portal?

- A) Electrician job
- B) Electrician training
- C) Electrician jobs in Delhi
- D) Delhi job

**Answer: C) Electrician jobs in Delhi**

---

49. The time blocked for work is called a \_\_\_\_ technique.

- A) Pomo
- B) Doro
- C) Domo
- D) Pomodoro

**Answer: D) Pomodoro**

---

50. Which is not a type of non-verbal communication ?

- A) E-mail
- B) Facial expression
- C) Eye-contact
- D) Hand movements

**Answer: A) E-mail**

---