

ITI Quiz - 02-Mar-2026

1PM

Q. ID: ITISKILL7403BM

March 2026

Trinity, College udhyavara udupi

Question Paper

Duration: 160 Mins

Total Marks: 50

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Student Name: _____ Roll No: _____

1. Imagine you are starting a bakery business. What would you focus on first in your business plan?

- A) Calculating how much money you need to start the business
- B) Planning how to advertise the bakery on social media
- C) Figuring out how the business will grow
- D) Selecting a catchy name for the bakery

2. You are working on a team project with tight deadlines. Your coworker falls ill, leaving their portion of the work incomplete. What should you do?

- A) Criticise your coworker for not completing his work
- B) Ask other team members for help and complete your coworker's task
- C) Keep working on your own tasks
- D) Complain your supervisor about the incomplete work

3. Arjun is applying for jobs on Naukri.com. Which of these should he do?

- A) Apply to all the jobs listed
- B) Select all the cities where jobs are available
- C) Match his skills with the job description
- D) Ignore the job descriptions

4. Which of the following ways can help you work well with people?

- A) Staying calm, even in challenging situations
- B) Paying close attention to what people say
- C) Accepting your mistakes
- D) All of these

5. Venu does not know how to use the new machine. What should he do?

- A) Stay silent till someone teaches him.
- B) Leave the job.
- C) Take a break and do it later.
- D) Ask for help and learn how to use the machine

6. Ranjit has a small bakery business. Using WhatsApp for Business can help Ranjit _____.

- A) watch baking tutorial videos
- B) chat with friends
- C) check status updates
- D) quickly respond to customer orders and questions

7. What is an important future workplace skill for employees?

- A) Planning holidays
- B) Networking and relationship- building
- C) Doing manual work
- D) Doing paperwork

8. While thinking about learning, what are the questions you can ask yourself?

- A) What did I learn?
- B) All of these
- C) How can I learn better?
- D) Was it easy or difficult to learn?

9. Rahul is moving to Qatar for work. What should he do to migrate safely?

- A) All of these
- B) Organize important documents and have a bank account for emergencies
- C) Confirm his job before moving
- D) Learn about the place and enroll in safety training programs

10. Venu includes a clear subject in his email. Why is that important?

- A) Email cannot be sent without a subject line
- B) To show he has good English skills
- C) To tell the company what the email is about
- D) None of these

11. If you face a problem in your community, which of the following entrepreneurial mindset traits would be most helpful?

- A) Waiting until everything is perfect to do something
- B) Blaming others for the problem
- C) Taking action to solve the problem
- D) Ignoring the problem and hoping it goes away

12. Mehul is making a plan for his business. Which of the following is NOT included in a business plan?

- A) Personal interests and hobbies
- B) Business idea
- C) Future growth strategies
- D) Startup costs

13. What are some people related problems in a workplace?

- A) Not enough workers
- B) Communication problems

- C) Workers don't know the tasks
D) All of these

14. Which of the following best describes the self-management skill of reliability?

- A) People always trust you to do your job well
B) Not completing tasks on time
C) Not being honest with coworkers
D) Ignoring the needs of others

15. Sunita has collected some information from the internet and sorted it. What is the best way for her to share it with her team?

- A) Talk only about the bad websites
B) Tell everything she read in detail
C) Print all the information and give it to the team members.
D) Share only the main points clearly: Use simple words and pictures, if possible

16. Simi is always trying out new ways to reuse the waste materials. She is the ____?

- A) Doer
B) Planner
C) Peacekeeper
D) Idea Person

17. A ____ helps gig workers find customers and provide services at a fixed charge.

- A) bank
B) Netflix
C) school
D) platform/app

18. Which of the following are good work habits?

- A) All of the above
B) Following workplace rules
C) Not giving up when something goes wrong
D) Staying calm when work is challenging

19. An entrepreneurial mindset means to:

- A) Achieve your goal, without giving up
B) All of these
C) Identify opportunities and use them for your benefit
D) Try different ways to solve problems

20. Pranav is working on his resume. While reviewing his resume, what should Pranav keep in mind?

- A) Highlight skills and qualifications that match the job
B) All of these
C) Ensure that the information provided is correct
D) Check for spelling and grammar mistakes

21. You notice a coworker struggling with their workload. What should you do?

- A) Report their struggles to the supervisor.
B) Ignore their struggles and focus on your own work.
C) Offer to help them with their tasks.
D) Laugh at their inability to manage their workload.

22. If more workers know how to work, what will happen?

- A) More work gets done
B) Confusion
C) Less work gets done
D) Loss for the company

23. Raj is a talented carpenter. How can showing his work on YouTube help Raj?

- A) It helps Raj to engage with people interested in his work
B) All of these
C) It allows people to see his carpentry skills and appreciate his expertise
D) It may help Raj get more customers

24. Priyanka found faster way to pack products at the factory. What should she do?

- A) Continue packing the way the team has been doing
B) Share the faster packing method with her team
C) None of these
D) Pack products faster than her coworkers

25. Rohan loves photography and dreams of starting his own photography business. What should Rohan do to start his self-employment journey?

- A) Take random pictures and share them online
B) Start advertising his services without any planning
C) Learn more about photography and join a basic photography course
D) Buy the latest photography equipment, even if it is beyond his budget

26. What is a common reason for people to migrate for work?

- A) To explore new places
B) To spend time with family
C) To learn new languages
D) To find better job opportunities

27. Before applying for a job, why is it important to check the skills required for a job?

- A) It is not important to check the skills required for a job.
B) To be sure you can do the job well.
C) To impress the interviewer.
D) To chat with friends about it.

28. Which of the following statements shows good teamwork?

- A) Criticizing teammates' efforts
B) Keeping all ideas to yourself

C) Ignoring others' ideas and opinions

D) Working together towards a common goal

A) Honesty and Integrity
C) Adaptability

B) Conflict management
D) None of these

29. Which of the following actions by Aisha during the team meeting show appropriate workplace etiquette?

A) Put her phone on silent mode and actively participate in the discussion

B) Continuously check her phone and respond to messages

C) Interrupt the speaker to share her thoughts

D) Chat with her coworkers about non-work things

30. Why should you reply to comments on YouTube?

A) To use the internet

B) To get more friends

C) To get more videos

D) So viewers feel connected

31. Your friend suggests going for a picnic. She asks you to bring disposable plates and cups. Which of the following actions shows your commitment to a green mindset?

A) Say yes and bring disposable plates and cups

B) Ignore the invite to the picnic

C) Bring reusable plates and cups

D) Bring green color disposable plates and cups

32. A green workplace_____.

A) keeps the lights on all the time

B) uses disposable items and plastic water bottles

C) ignores waste separation and recycling

D) uses less paper and energy- saving lights

33. Imagine you are applying for a position as an electrician at a company. Which of the following email subject lines would be the most suitable for your job application?

A) Electrician Job Application

B) Application for Electrician Position - [Your Name]

C) Urgent Attention Needed

D) Applying for a New Job

34. Ravi wants to make a new chair for his school using Design Thinking. What should he do first?

A) Listen to what students want in a chair

B) Test different chair designs

C) Plan how to make the chair

D) Choose the colour of the chair

35. What is formal communication?

A) All written communication

B) Talking with friends and family

C) Casual chatting on social media

D) Official communication following a set of rules

36. Priya works at a factory where she operates a packaging machine. When the machine suddenly stops working, Priya quickly finds another way to do her work. Which self-management skill does Priya use?

37. What is an example of formal written communication?

A) Posting on social media platforms

B) Writing an email to your manager

C) Sending a WhatsApp message

D) Texting a friend

38. Rahul is applying for a job. Which of these documents should he attach to his job application email?

A) Birth certificate

B) Address Proof

C) Resume, Course and Training Certificates

D) Photographs from childhood

39. Which of the following behaviors is NOT a characteristic of a team player?

A) Listening to teammates' ideas

B) Taking credit for others' work

C) Respecting different viewpoints

D) Willingness to help others

40. Rohan has come up with an idea to improve his work using Design Thinking. What must he do next?

A) Tell everyone about it

B) Think of another idea

C) Apply and test if it works

D) Write down his idea and keep it safe

41. Which section of the Skill India Digital Platform helps users find physical training centers nearby?

A) Job Exchange

B) Skill Centres

C) Skill Courses

D) Recommendations

42. During a job interview, Ramesh is asked to describe his top three strengths. Which of the following responses shows good formal communication?

A) I don't know, I never really thought about it.

B) My top three skills are problem-solving, teamwork, and attention to detail.

C) Uh, I guess I can do a little bit of everything.

D) I'm pretty good at a lot of things.

43. What are green jobs?

A) Jobs shared in green colours

B) Jobs that harm the environment

C) Jobs that conserve resources and help the environment

D) Jobs that ignore waste separation and recycling

44. Anita is going to the bank today to ask for a loan. She has prepared a business plan. Which of the following will make her business plan strong?

- A) None of these
B) Have only the idea and name of her business
C) Total cost of starting her business without any details
D) Challenges her business might face along with solutions for them

45. What should you always remember when creating your profile on a job portal?

- A) To leave out important information
B) To include skills required for the job, even if you don't have them
C) To always be truthful
D) To use a fake name

46. Imagine you want to learn about digital marketing. What should you do first on the Skill India Digital Platform ?

- A) Explore the Skill Courses section
B) Search for job opportunities
C) None of these
D) Enroll in any course available

47. Mahima has an Instagram page for her jewelry business. What should she do to connect with her customers?

- A) Post dance reels
B) Post cooking videos
C) Share daily updates about her business as Stories on social media
D) Post about a T.V. show she likes

48. Why is it important to have a business plan before starting a business?

- A) To attract investors and get a loan
B) To identify potential challenges and risks
C) To outline goals and set clear direction for growth
D) All of these

49. In a manufacturing unit, the packaging process is taking longer than usual, causing delays in shipments. What should the workers do?

- A) Continue packaging the same way
B) Complain to the management
C) Ignore the problem
D) Think of different ways to pack faster

50. What is the main purpose of the Skill India Digital Platform?

- A) To promote international job opportunities
B) To provide financial assistance for job seekers
C) To offer offline training programs
D) To facilitate online learning and skill development