ITI Quiz - 03-Feb-2026
2:00 PM

Q. ID: ITISKILL37020O

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February 2026

Question Paper

Duration: 60 Mins   **Total Marks: 40**   **ID: ITISKILL37020O**

Student Name: _____   Roll No: _____

1. Which of the following is a self-management skill?

A) All of these

B) Commitment

C) Adaptibility and Flexibility

D) Honesty and Integrity

2. You are working on something difficult, but it?s not going well. What should you do?

A) Ask someone else to do it for you.

B) Keep trying and look for another way.

C) Take a break and give up.

D) Get upset and quit trying.

3. Ravi wants to make a new chair for his school using Design Thinking. What should he do first?

A) Listen to what students want in a chair

B) Test different chair designs

C) Plan how to make the chair

D) Choose the colour of the chair

4. If your first design doesn?t work, what should you do?

A) None of these

B) Give up on it

C) Ask for feedback and try to improve

D) Make something else

5. Venu does not know how to use the new machine. What should he do?

A) Stay silent till someone teaches him.

B) Leave the job.

C) Take a break and do it later.

D) Ask for help and learn how to use the machine

6. You are making a new language learning app. Why should you let some people try it before it?s done?

A) Because it?s fun to watch others try your app.

B) To get appreciation.

C) To see how people use it and make it better.

D) To show people how good you are at making apps.

7. Shreeja made a new bag design and showed it to 5 different people for feedback. Why is it important to listen to different users and not just one?

A) Because it?s fun

B) To get a lot of appreciation for her work

C) To get a lot of ideas

D) To understand the common problems from different users

8. In a manufacturing unit, the packaging process is taking longer than usual, causing delays in shipments. What should the workers do?

A) Think of different ways to pack faster

B) Continue packaging the same way

C) Complain to the management

D) Ignore the problem

9. What should you do before making a choice at work?

A) Take time to think and then choose

B) All of these

C) Listen to others? ideas and ask questions

D) Look at all the details

10. Which of the following is NOT a people skill required in a workplace?

A) Technical skills

B) Being kind

C) Supporting coworkers

D) Listening

11. Rohan has come up with an idea to improve his work using Design Thinking. What must he do next?

A) Think of another idea

B) Write down his idea and keep it safe

C) Apply and test if it works

D) Tell everyone about it

12. Raj works as a factory manager. He has a big order to deliver but there aren?t enough workers. What should Raj do?

A) Ignore the problem

B) Request workers to work extra hours

C) Cancel the orders

D) Stop working

13. Which of the following behaviors is NOT a characteristic of a team player?

A) Taking credit for others? work

B) Willingness to help others

C) Listening to teammates? ideas

D) Respecting different viewpoints

14. Which of these situations shows people working well together as a team?

A) One person doing all the work without any help from team members

B) A group sharing ideas and listening to each other

C) Two people arguing and not agreeing

D) None of these

15. Priyanka found faster way to pack products at the factory. What should she do?

A) Continue packing the way the team has been doing

B) Share the faster packing method with her team

C) Pack products faster than her coworkers

D) None of these

16. If more workers know how to work, what will happen?

A) Loss for the company

B) More work gets done

C) Less work gets done

D) Confusion

17. Simi is always trying out new ways to reuse the waste materials. She is the ____?

A) Planner

B) Doer

C) Peacekeeper

D) Idea Person

18. Venu is a fabric cutter. His team made a mistake in cutting cloth. What?s a good way to handle it?

A) Get angry and scold his team

B) Discuss and find a way to fix it

C) Wait for someone else to solve it

D) Blame the person who cut the cloth

19. Which of the following ways can help you work well with people?

A) All of these

B) Staying calm, even in challenging situations

C) Paying close attention to what people say

D) Accepting your mistakes

20. What does working well together mean?

A) Finding solutions together

B) Offering to help when someone needs it

C) Sharing ideas and listening

D) All of these

21. While working with your team on a project, one of your coworkers is finding it difficult to finish their job. What should you do in this situation?

A) Ignore their problem and focus on your own work.

B) Complain about them to the boss.

C) Help and support them to finish their work.

D) Finish their work for them.

22. Priya works at a factory where she operates a packaging machine. When the machine suddenly stops working, Priya quickly finds another way to do her work. Which self-management skill does Priya use?

A) Conflict management

B) None of these

C) Honesty and Integrity

D) Adaptability

23. Savita works at a factory. A new machine she hasn?t used before stops working. What should she do?

A) Blame someone else.

B) Ignore it.

C) Hide the machine.

D) Try again and believe in her ability to fix it.

24. Ravi and his team are deciding on a new machine for the factory. How should they make the final choice?

A) Choose the cheapest machine available

B) Choose the first machine they see

C) Ravi should pick the machine he likes

D) Look at all the details, think carefully about their needs & budget and then make the choice

25. Which of the following are good work habits?

A) Not giving up when something goes wrong

B) Staying calm when work is challenging

C) Following workplace rules

D) All of the above

26. You notice a coworker struggling with their workload. What should you do?

A) Laugh at their inability to manage their workload.

B) Ignore their struggles and focus on your own work.

C) Report their struggles to the supervisor.

D) Offer to help them with their tasks.

27. Amit?s team is feeling low because of a failed project. As a leader, what should he do?

A) Blame them for the failure

B) Encourage learning from mistakes

C) Ignore his team members

D) Scold them

28. What are some people related problems in a workplace?

A) Not enough workers

B) Workers don?t know the tasks

C) All of these

D) Communication problems

29. How does Design Thinking help solve problems?

A) By following a strict process

B) By understand- ing what people need and im- proving solutions

C) By trusting on personal assumptions

D) By guessing solutions randomly

30. Ranjana works at a restaurant. How can Ranjana use design thinking to improve the restaurant's menu?

A) By talking to the customers, understanding their preferences, making changes to the menu and asking for feed- back

B) By copying other restaurants.

C) By randomly selecting new dishes to add.

D) By guessing what customers want.

31. What are the different steps in Design Thinking?

A) Try, Create and Decide

B) Listen, Choose, Plan, Try, Ask

C) Imagine, Plan and Try

D) Imagine, Decide, Create and Try

32. You discover a mistake in your work that caused delays in the project. What should you do?

A) Ignore the mistake and continue working

B) Wait for someone else to fiind out your mistake

C) Tell your boss about the mistake

D) Blame team members for the delay

33. Sameera is trying to make a better school bag using Design Thinking. What would be her next step after understanding what students need in a bag?

A) Choose the colour of the bag

B) Ask students to test the bags

C) Choose the material for the bag

D) Plan different bag designs

34. When thinking of new ideas, why is it important to share ideas with others, even if they are not perfect?

A) To impress others.

B) To show off your knowledge.

C) Talking can help make ideas better.

D) To make others feel included.

35. Why is it important to think of new ways to solve problems?

A) It is fun to try new things.

B) To waste time

C) New ideas can make work easier or faster.

D) It is unnecessary to try new things.

36. What are some resource related problems in a workplace?

A) Not Enough Space

B) All of these

C) Shortage of Materials

D) Machine Problems

37. You are working on a team project with tight deadlines. Your coworker falls ill, leaving their portion of the work incomplete. What should you do?

A) Criticise your coworker for not completing his work

B) Keep working on your own tasks

C) Complain your supervisor about the incomplete work

D) Ask other team members for help and complete your coworker?s task

38. Your community wants to reduce plastic waste. How can you use Design Thinking to find new ideas to solve this problem?

A) Work together with shops and people nearby to find ways to use less plastic.

B) Blame others for the plastic waste issue.

C) Ignore the problem because it?s too difficult to solve.

D) Make more things with plastic because they?re easy to use.

39. In a team where members have different ideas, and there is a disagreement in the team, what should be done?

A) Let them argue

B) Choose one idea without discussion

C) Ask someone else to decide

D) Discuss both ideas and find a way to make everyone agree

40. Which of the following best describes the self-management skill of reliability?

A) Ignoring the needs of others

B) Not being honest with coworkers

C) Not completing tasks on time

D) People always trust you to do your job well