ITI Quiz - 09-Feb-2026
02:05 PM

Q. ID: ITISKILL2694HL

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sambhajipur

February 2026

Question Paper

Duration: 150 Mins　　　　**Total Marks: 35**　　　　**ID: ITISKILL2694HL**

Student Name: _____　　Roll No: _____

1. Sneha plans to move to a different city for work. What things should she think about before making this decision?

A) How much it will cost to travel and live there

B) If she can find a job that helps her learn and grow

C) All of these

D) If she can earn more money and save some too

2. A green practice involves any activity that_____?.

A) involves consuming too much

B) causes harm to the environment

C) protects and takes care of the environment and resources

D) generates pollution

3. Which is an example of being open to learning in the workplace?

A) Accepting and adapting to changes in work processes

B) Avoiding feedback from colleagues

C) Refusing to attend training sessions to improve technology skills

D) Ignoring advancements in technology

4. Rahul is moving to Qatar for work. What should he do to migrate safely?

A) All of these

B) Learn about the place and enroll in safety training programs

C) Organize important documents and have a bank account for emergencies

D) Confirm his job before moving

5. Which of the following is NOT a green practice?

A) Using smart air conditioners to regulate temperature efficiently

B) Grow plants wherever possible

C) Separate and recycle waste

D) Ordering lunch delivered in plastic containers daily

6. Ravi has the following habits. Which of these is a green practice?

A) Buying unnecessary items

B) Leaving lights and fans on when leaving a room

C) Buying single- use plastic water bottles

D) Carrying a cloth bag to buy groceries

7. Reema works at restaurant. She wants to give her manager ideas to make the restaurant follow green practices. Which of these ideas should she offer?

A) All of these

B) Providing lunch to the employees in disposable plates

C) Using steel plates and cups

D) Delivering food in plastic packaging

8. How can users access the Skill India Digital Platform?

A) Only through offline training centers

B) Only on a specific type of device

C) On computers, tablets, and phones

D) Through a specialized learning app

9. Raghav joined a new company after COVID. He is nervous about using the digital tablets provided at work. What should he do?

A) Ask his coworkers to do all the digital work

B) Quit his job

C) Keep an open mind and ask his coworkers to teach him

D) Complain to his manager

10. A_____helps gig workers find customers and provide services at a fixed charge.

A) school

B) Netflix

C) platform/app

D) bank

11. Which section of the Skill India Digital Platform helps users find physical training centers nearby?

A) Recommenda- tions

B) Job Exchange

C) Skill Centres

D) Skill Courses

12. Kalpana is migrating to Bangalore from Hubli for her new job. She has received the job offer letter. What should she do to migrate safely?

A) Always share her exact location on social media

B) Buy gifts for her new neighbours

C) Research about living in Bangalore	D) Believe everything brokers say

13. Mohammed needs a job. What types of resources can he find on the Skill India Digital Platform?

A) Courses, skill centers, job opportunities, and more	B) Only job listings
C) Financial services and government schemes	D) Only eBooks and reading materials

14. A green workplace_____.

A) uses disposable items and plastic water bottles	B) ignores waste separation and recycling
C) uses less paper and energy- saving lights	D) keeps the lights on all the time

15. Irfan needs a job. How can he prepare for the future of work ?

A) Master internet skills	B) Avoid learning new skills
C) Avoid building professional relationships	D) Learn making reels and TikTok videos

16. Seema wants to become a gig worker. How can she find gig work opportunities?

A) All of these	B) Find a suitable Gig platform
C) Update her resume with her qualifications and skills	D) Connect with friends, people she might know and groups in her community

17. What does migrating for work mean?

A) Working from home	B) Moving to a different place to find a job
C) Changing jobs within the same city	D) Staying in the same place for work

18. What is the main purpose of the Skill India Digital Platform?

A) To provide financial assistance for job seekers	B) To promote international job opportunities
C) To facilitate online learning and skill development	D) To offer offline training programs

19. Which option below describes a 'gig' in the gig economy?

A) A typical 9-5 job	B) A job with full- time hours and benefits
C) None of these	D) A specific task or project

20. What does self-employment mean?

A) Working independently and earning directly from your work	B) Working for a single employer

C) Working part- time from home	D) Receiving a fixed monthly salary

21. Which of the following best describes the gig economy?

A) A system where workers take on part-time or temporary jobs	B) A system where employees work full-time for a single employer
C) A system where workers are paid a fixed monthly salary	D) A system where workers have fixed work hours and locations

22. Which term describes using things in a way that can last for a long time without causing harm?

A) Resources	B) Sustainability
C) Pollution	D) Eco-friendliness

23. Rohan loves photography and dreams of starting his own photography business. What should Rohan do to start his self-employment journey?

A) Learn more about photography and join a basic photography course	B) Buy the latest photography equipment, even if it is beyond his budget
C) Start advertising his services without any planning	D) Take random pictures and share them online

24. How have workplaces changed after COVID?

A) Flexible working hours	B) All of the above
C) More focus on technology	D) Mix of in-person and at-home work

25. What are green jobs?

A) Jobs that harm the environment	B) Jobs shared in green colours
C) Jobs that conserve resources and help the environment	D) Jobs that ignore waste separation and recycling

26. How can you become self-employed?

A) Try your idea on a small scale	B) Learn about the work, take small courses
C) All of these	D) Use chats, local ads and ask friends to spread the word

27. What is a benefit of self-employment?

A) Limited control over your tasks	B) Directly earning from your work
C) Monthly salary payment	D) Fixed working hours

28. Shyam works at a beauty salon. Which of these things at Shyam's salon is NOT good for the environment?

A) Disposing hair waste after haircuts in an environment friendly way

B) Using safe and biodegradable cleaning materials for the floor

C) Using reusable gloves instead of single-use plastic ones

D) Using paper cups for tea and water

29. What is an important future workplace skill for employees?

A) Doing manual work

B) Doing paperwork

C) Planning holidays

D) Networking and relationship- building

30. Your friend suggests going for a picnic. She asks you to bring disposable plates and cups. Which of the following actions shows your commitment to a green mindset?

A) Bring reusable plates and cups

B) Bring green color disposable plates and cups

C) Say yes and bring disposable plates and cups

D) Ignore the invite to the picnic

31. Imagine you want to learn about digital marketing. What should you do first on the Skill India Digital Platform ?

A) Search for job opportunities

B) Explore the Skill Courses section

C) Enroll in any course available

D) None of these

32. What does having a green mindset mean?

A) Using resources without considering sustainability

B) Caring for the environment and using resources wisely

C) Ignoring pollution and waste management

D) Making choices that harm the environment

33. What is a common reason for people to migrate for work?

A) To learn new languages

B) To explore new places

C) To find better job opportunities

D) To spend time with family

34. Which of the following is an example of self - employment?

A) Teaching subjects or skills as a personal tutor

B) Being a student at a university

C) Driving for a taxi company

D) Working full- time at a company

35. Sultan is a skilled electrician. He is looking for platform based gig work that matches his skills. Which of the following platforms would be most suitable for Sultan to find job opportunities?

A) Urban Company for offering home repair services

B) Amazon for selling products online

C) Zoom for video calls

D) Uber for driving people