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VARMA ITI KOLLEGAL

Question Paper

Duration: 40 Mins

Total Marks: 25

ID: ITISKILL2617DU

Student Name: _____

Roll No: _____

1. Good time management helps in improving _____ at work.

- A) Performance B) Pressure
C) Weakness D) Stress

2. What is stress? | ಒತ್ತಡ ಎಂದರೇನು?

- A) Feeling of delight | ಆನಂದದ ಭಾವನೆ
B) Feeling of frustration / disappointment | ಹತಾಶೆ / ನಿರಾಶೆಯ ಭಾವನೆ
C) Feeling of surprise | ಆಶ್ಚರ್ಯದ ಭಾವನೆ
D) Feeling of joy | ಸಂತೋಷದ ಭಾವನೆ

3. Neetu has excellent story telling skills. What type of intelligence is it?

- A) Body Smart B) Logic Smart
C) Word Smart D) Picture Smart

4. Swaraj is looking for internet-based/data entry jobs. What is the most important skill he needs?

- A) Entrepreneuria I skills B) Basic computer skills
C) Beautician skills D) Wood cutting skills

5. Which of the following is not a part of one's personality?

- A) Beliefs B) Strengths
C) Skin colour D) Weaknesses

6. _____ is a way of thinking to solve a problem.

- A) Self confidence B) Critical thinking
C) Time Management D) Negative attitude

7. Revathi got a job offer out of her town. She decided to refuse the offer after listing the pros and cons. She followed _____ process.

- A) Negative attitude B) Conflict resolution
C) Positive attitude D) Decision- making

8. Bijo is not good at MS excel. With his hard work, he learns to overcome weaknesses and turn them into a _____.

- A) Leader B) Belief
C) Value D) Strength

9. Rehana faced a problem with her project. She is dealing with a problem with the right attitude. This is an example of-

- A) Positive attitude B) Technical skill
C) Negative attitude D) Scientific skill

10. Which of the following is not a part of decision-making?

- A) Identify problem B) Implement decision
C) Generate options D) Performance

11. Which of these statements is true? | ಈ ಹೇಳಿಕೆಗಳಲ್ಲಿ ಯಾವುದು ನಿಜ?

- A) All jobs are available in all cities | ಎಲ್ಲಾ ಉದ್ಯೋಗಗಳು ಎಲ್ಲಾ ನಗರಗಳಲ್ಲಿ ಲಭ್ಯವಿದೆ
B) Some cities have more opportunities than others for certain job roles | ಕೆಲವು ನಗರಗಳು ಕೆಲವು ಉದ್ಯೋಗದ ಪ್ರಾಕಾರಗಳಿಗೆ ಇತರರಿಗಿಂತ ಹೆಚ್ಚಿನ ಅವಕಾಶಗಳನ್ನು ಹೊಂದಿವೆ
C) Salary in metro cities is always higher than small towns | ಮೆಟ್ರೋ ನಗರಗಳಲ್ಲಿ ಸಂಬಳ ಯಾವಾಗಲೂ ಸಣ್ಣ ಪಟ್ಟಣಗಳಿಗಿಂತ ಹೆಚ್ಚಾಗಿರುತ್ತದೆ
D) Only a few cities have job opportunities | ಕೆಲವು ನಗರಗಳಲ್ಲಿ ಮಾತ್ರ ಉದ್ಯೋಗಾವಕಾಶಗಳಿವೆ

12. Soni is trying to fix the download problem on the laptop. She did not succeed on the first attempt. What should she do?

- A) Never solve the problem B) Quit the job
C) Quit the task D) Try another way

13. Regular assessment of skills is necessary for the growth of _____.

- A) Interview B) Career
C) Skill D) Job

14. Alpan does yoga in the morning. He follows Youtube classes to motivate himself. This is an example of _____.

- A) Decision-Making B) Time Management
C) Self-motivation D) Problem- Solving

15. Things that one is good at doing are _____.

- A) Interests B) Passion
C) Concerns D) Abilities

16. Steve's mother told him that the mixer grinder is not working. What should be his first step in order to solve the problem?

- A) Complain B) Identify the problem
C) Sell the mixer D) Throw it

17. The process of manufacturing has changed due to technology and ____ development.

- A) Teaching B) Training
C) Scientific D) Facilitation

18. Meena likes to learn music in her free time. It is one of her ____ to improve.

- A) Logics B) Value
C) Weakness D) Interests

19. Which of these is the full form of SWOT? | ಇವುಗಳಲ್ಲಿ SWOT ನ ಪೂರ್ಣ ರೂಪ ಯಾವುದು?

- A) Strong World Olympic Team B) Speak Work Openly Together
C) Strength Weakness Opportunity Threat D) Special Wellness Organization Theme

20. Which of these is a sign of good stress? | ಇವುಗಳಲ್ಲಿ ಯಾವುದು ಉತ್ತಮ ಒತ್ತಡದ ಸಂಕೇತವಾಗಿದೆ?

- A) Does not lead to long-term tension, loss of sleep | ದೀರ್ಘಾವಧಿಯ ಒತ್ತಡ, ನಿದ್ರೆಯ ನಷ್ಟಕ್ಕೆ ಕಾರಣವಾಗುವುದಿಲ್ಲ
B) Makes you physically ill or causes pain | ನಿಮ್ಮನ್ನು ದೈಹಿಕವಾಗಿ ಅಸಸ್ತರನ್ನಾಗಿ ಮಾಡುತ್ತದೆ ಅಥವಾ ನೋವನ್ನು ಉಂಟುಮಾಡುತ್ತದೆ

C) It prevents you from pursuing your goals | ಇದು ನಿಮ್ಮ ಗುರಿಗಳನ್ನು ಅನುಸರಿಸುವುದನ್ನು ತಡೆಯುತ್ತದೆ

D) It makes you doubt yourself | ಇದು ನಿಮ್ಮನ್ನು ಅನುಮಾನಿಸುತ್ತದೆ

21. ____ is one of the behavioral skills that is required to organize work efficiently and complete it on time.

- A) Dancing B) Time Management
C) Painting D) Cooking

22. Major changes took place in the manufacturing world with ____.

- A) Green revolution B) Industrial revolution
C) Milk revolution D) White revolution

23. Bhanu creates 25 minutes task planner and never gets distracted during the blocked time. Which method does she follow?

- A) Timing B) Calendar
C) Blocktime D) Pomodoro

24. What are the advantages of time management?

- A) Complete tasks on time B) All of these
C) Achieve daily goals D) Reduce stress

25. Finding a solution to any problem is known as ____ skill.

- A) Problem solving B) Over thinking
C) Critical thinking D) Decision-making