

ITI Quiz - 07-Feb-2026 02:27 PM

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Trinity iti Udupi

Question Paper

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Score: 22/30 (73.33%)

Code: 9144

1. Major changes took place in the manufacturing world with_____.

- A) Green revolution B) Milk revolution
C) Industrial revolution (Correct) D) White revolution

2. The process of manufacturing has changed due to technology and ____development.

- A) Training **B) Scientific (Correct)**
C) Teaching D) Facillitation

3. Regular assessment of skills is necessary for the growth of _____.

- A) Career (Correct)** B) Interview
C) Job D) Skill

4. Neetu has excellent story telling skills. What type of intelligence is it?

- A) Picture Smart B) Logic Smart (Incorrect)
C) Body Smart **D) Word Smart**

5. Swaraj is looking for internet-based/data entry jobs. What is the most important skill he needs?

- A) Basic computer skills (Correct)** B) Entrepreneuria I skills
C) Beautician skills D) Wood cutting skills

6. Which of the following is not a part of one's personality?

- A) Strengths (Incorrect) B) Weaknesses
C) Beliefs **D) Skin colour**

7. Things that one is good at doing are _____.

- A) Concerns B) Interests
C) Abilities (Correct) D) Passion

8. Inability to do something well is one's _____.

- A) Weakness (Correct)** B) Aspiration
C) Strength D) Value

9. Meena likes to learn music in her free time. It is one of her _____to improve.

- A) Logics **B) Interests (Correct)**

- C) Value D) Weakness

10. Bijo is not good at MS excel. With his hard work, he learns to overcome weaknesses and turn them into a_____.

- A) Belief B) Value
C) Leader **D) Strength (Correct)**

11. The way we interact, manage and deal with our external environment is known as _____skills.

- A) Behavioural (Correct)** B) Technical
C) Musical D) Teaching

12. _____is one of the behavioral skills that is required to organize work efficiently and complete it on time.

- A) Painting B) Cooking
C) Time Management (Correct) D) Dancing

13. The way we manage/solve the problem is called _____.

- A) Positive attitude (Incorrect) **B) Conflict resolution**
C) Negative attitude D) Passion

14. Rehana faced a problem with her project. She is dealing with a problem with the right attitude. This is an example of-

- A) Negative attitude (Incorrect) B) Technical skill
C) Scientific skill **D) Positive attitude**

15. Alpan does yoga in the morning. He follows Youtube classes to motivate himself. This is an example of_____.

- A) Self-motivation (Correct)** B) Time Management
C) Decision-Making D) Problem- Solving

16. _____is a way of thinking to solve a problem.

- A) Critical thinking (Correct)** B) Self confidence
C) Negative attitude D) Time Management

17. Choosing between two or more options is known as_____process.

- A) Manufacturing
C) Scientific

B) Decision-making (Correct)
D) Technical

18. Which of the following is not a part of decision-making?

- A) Identify problem
C) Implement decision
- B) Generate options
D) Performance (Correct)

19. Manu thinks about a problem well before making any decision. This is an example of;

- A) Self-motivation
C) Time Management
- B) Critical thinking (Correct)**
D) Logical thinking

20. Revathi got a job offer out of her town. She decided to refuse the offer after listing the pros and cons. She followed _____ process.

- A) Decision- making (Correct)**
C) Conflict resolution
- B) Positive attitude
D) Negative attitude

21. What are the advantages of time management?

- A) Complete tasks on time
C) Reduce stress
- B) Achieve daily goals (Incorrect)
D) All of these

22. Good time management helps in improving _____ at work.

- A) Weakness
C) Stress
- B) Performance**
D) Pressure (Incorrect)

23. The time blocked for work is called a _____ technique.

- A) Doro
C) Pomodoro (Correct)
- B) Pomo
D) Domo

24. Rahim learns MS Office during his lunch break. This is an example of -

A) Time Management (Correct)
C) Online job

- B) Over thinking
D) Logical thinking

25. Bhanu creates 25 minutes task planner and never gets distracted during the blocked time. Which method does she follow?

- A) Pomodoro (Correct)**
C) Blocktime
- B) Timing
D) Calendar

26. Finding a solution to any problem is known as _____ skill.

- A) Over thinking
C) Decision-making
- B) Critical thinking
D) Problem solving (Correct)

27. Which of the following is not a step in problem solving?

- A) Identify the problem
C) Set timer
- B) Divide problem into parts
D) Find solutions (Incorrect)

28. If one is capable of finding solutions to problems, one will get better at _____.

- A) Self-motivation
C) Career
- B) Problem-solving (Correct)**
D) Painting

29. Soni is trying to fix the download problem on the laptop. She did not succeed on the first attempt. What should she do?

- A) Try another way**
C) Never solve the problem (Incorrect)
- B) Quit the task
D) Quit the job

30. Steve's mother told him that the mixer grinder is not working. What should be his first step in order to solve the problem?

- A) Complain
C) Sell the mixer
- B) Identify the problem (Correct)**
D) Throw it