

ITI Quiz - 07-Feb-2026 02:27 PM

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Trinity iti Udupi

Question Paper

Student: Akshay

Score: 30/30 (100.00%)

Code: 8045

1. Major changes took place in the manufacturing world with_____.

- A) Green revolution B) Milk revolution
C) Industrial revolution (Correct) D) White revolution

2. The process of manufacturing has changed due to technology and ____development.

- A) Training **B) Scientific (Correct)**
C) Teaching D) Facillitation

3. Regular assessment of skills is necessary for the growth of _____.

- A) Career (Correct)** B) Interview
C) Job D) Skill

4. Neetu has excellent story telling skills. What type of intelligence is it?

- A) Picture Smart B) Logic Smart
C) Body Smart **D) Word Smart (Correct)**

5. Swaraj is looking for internet-based/data entry jobs. What is the most important skill he needs?

- A) Basic computer skills (Correct)** B) Entrepreneuria I skills
C) Beautician skills D) Wood cutting skills

6. Which of the following is not a part of one's personality?

- A) Strengths B) Weaknesses
C) Beliefs **D) Skin colour (Correct)**

7. Things that one is good at doing are _____.

- A) Concerns B) Interests
C) Abilities (Correct) D) Passion

8. Inability to do something well is one's _____.

- A) Weakness (Correct)** B) Aspiration
C) Strength D) Value

9. Meena likes to learn music in her free time. It is one of her _____to improve.

- A) Logics **B) Interests (Correct)**

- C) Value D) Weakness

10. Bijo is not good at MS excel. With his hard work, he learns to overcome weaknesses and turn them into a_____.

- A) Belief B) Value
C) Leader **D) Strength (Correct)**

11. The way we interact, manage and deal with our external environment is known as _____skills.

- A) Behavioural (Correct)** B) Technical
C) Musical D) Teaching

12. _____is one of the behavioral skills that is required to organize work efficiently and complete it on time.

- A) Painting B) Cooking
C) Time Management (Correct) D) Dancing

13. The way we manage/solve the problem is called _____.

- A) Positive attitude **B) Conflict resolution (Correct)**
C) Negative attitude D) Passion

14. Rehana faced a problem with her project. She is dealing with a problem with the right attitude. This is an example of-

- A) Negative attitude B) Technical skill
C) Scientific skill **D) Positive attitude (Correct)**

15. Alpan does yoga in the morning. He follows Youtube classes to motivate himself. This is an example of_____.

- A) Self-motivation (Correct)** B) Time Management
C) Decision-Making D) Problem- Solving

16. _____is a way of thinking to solve a problem.

- A) Critical thinking (Correct)** B) Self confidence
C) Negative attitude D) Time Management

17. Choosing between two or more options is known as_____process.

- A) Manufacturing
- C) Scientific

- B) Decision-making (Correct)**
- D) Technical

- A) Time Management (Correct)**
- C) Online job

- B) Over thinking
- D) Logical thinking

18. Which of the following is not a part of decision-making?

- A) Identify problem
- C) Implement decision
- B) Generate options
- D) Performance (Correct)**

19. Manu thinks about a problem well before making any decision. This is an example of;

- A) Self-motivation
- C) Time Management
- B) Critical thinking (Correct)**
- D) Logical thinking

20. Revathi got a job offer out of her town. She decided to refuse the offer after listing the pros and cons. She followed _____ process.

- A) Decision-making (Correct)**
- C) Conflict resolution
- B) Positive attitude
- D) Negative attitude

21. What are the advantages of time management?

- A) Complete tasks on time
- C) Reduce stress
- B) Achieve daily goals
- D) All of these (Correct)**

22. Good time management helps in improving _____ at work.

- A) Weakness
- C) Stress
- B) Performance (Correct)**
- D) Pressure

23. The time blocked for work is called a _____ technique.

- A) Doro
- C) Pomodoro (Correct)**
- B) Pomo
- D) Domo

24. Rahim learns MS Office during his lunch break. This is an example of -

25. Bhanu creates 25 minutes task planner and never gets distracted during the blocked time. Which method does she follow?

- A) Pomodoro (Correct)**
- C) Blocktime
- B) Timing
- D) Calendar

26. Finding a solution to any problem is known as _____ skill.

- A) Over thinking
- C) Decision-making
- B) Critical thinking
- D) Problem solving (Correct)**

27. Which of the following is not a step in problem solving?

- A) Identify the problem
- C) Set timer (Correct)**
- B) Divide problem into parts
- D) Find solutions

28. If one is capable of finding solutions to problems, one will get better at _____.

- A) Self-motivation
- C) Career
- B) Problem-solving (Correct)**
- D) Painting

29. Soni is trying to fix the download problem on the laptop. She did not succeed on the first attempt. What should she do?

- A) Try another way (Correct)**
- C) Never solve the problem
- B) Quit the task
- D) Quit the job

30. Steve's mother told him that the mixer grinder is not working. What should be his first step in order to solve the problem?

- A) Complain
- C) Sell the mixer
- B) Identify the problem (Correct)**
- D) Throw it