

# VARMA ITI KOLLEGAL

## ITI Quiz - 27-Apr-2026 10:22 AM

Q. ID: ITISKILL2617DU | March 2026

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|--------------|---------------|-----------------|----------|
| Student Name | Shahid fitter | Access Code     | 8071     |
| Attempt No.  | #1            | Completion Time | 10:47 AM |
| Rank         | #31           | Total Questions | 25       |

8 SCORE

25 MAX MARKS

8 CORRECT

17 INCORRECT

### Answer Review

Q1 **CORRECT** Major changes took place in the manufacturing world with\_\_\_\_\_.

A. Green revolution

B. Milk revolution

C. Industrial revolution ☒

D. White revolution

Q2 **INCORRECT** The process of manufacturing has changed due to technology and \_\_\_\_development.

A. Training ☐

B. Scientific ☒

C. Teaching

D. Facillitation

**Q3** **INCORRECT** Regular assessment of skills is necessary for the growth of \_\_\_\_.

**A.** Career ☐

**B.** Interview

**C.** Job

**D.** Skill ☐

**Q4** **INCORRECT** Neetu has excellent story telling skills. What type of intelligence is it?

**A.** Picture Smart

**B.** Logic Smart

**C.** Body Smart ☐

**D.** Word Smart ☐

**Q5** **CORRECT** Swaraj is looking for internet-based/data entry jobs. What is the most important skill he needs?

**A.** Basic computer skills ☐

**B.** Entrepreneurial skills

**C.** Beautician skills

**D.** Wood cutting skills

**Q6** **INCORRECT** Which of the following is not a part of one's personality?

**A.** Strengths ☐

**B.** Weaknesses

**C.** Beliefs

**D.** Skin colour ☐

Q7 **CORRECT** Things that one is good at doing are \_\_\_\_\_.

A. Concerns

B. Interests

C. Abilities ☒

D. Passion

Q8 **CORRECT** Meena likes to learn music in her free time. It is one of her \_\_\_\_to improve.

A. Logics

B. Interests ☒

C. Value

D. Weakness

Q9 **INCORRECT** Bijo is not good at MS excel. With his hard work, he learns to overcome weaknesses and turn them into a\_\_\_\_\_.

A. Belief ☐

B. Value

C. Leader

D. Strength ☒

Q10 **INCORRECT** \_\_\_\_\_is one of the behavioral skills that is required to organize work efficiently and complete it on time.

A. Painting ☐

B. Cooking

C. Time Management ☒

D. Dancing

Q11 **INCORRECT** Rehana faced a problem with her project. She is dealing with a problem with the right attitude. This is an example of-

A. Negative attitude

B. Technical skill ☐

C. Scientific skill

D. Positive attitude ☐

Q12 **INCORRECT** Alpan does yoga in the morning. He follows Youtube classes to motivate himself. This is an example of\_\_\_\_\_.

A. Self-motivation ☐

B. Time Management

C. Decision-Making

D. Problem- Solving ☐

Q13 **INCORRECT** \_\_\_\_\_is a way of thinking to solve a problem.

A. Critical thinking ☐

B. Self confidence

C. Negative attitude

D. Time Management ☐

Q14 **CORRECT** Which of the following is not a part of decision-making?

A. Identify problem

B. Generate options

C. Implement decision

D. Performance ☐

**Q15** **INCORRECT** Revathi got a job offer out of her town. She decided to refuse the offer after listing the pros and cons. She followed \_\_\_\_\_ process.

**A.** Decision- making ☐

**B.** Positive attitude

**C.** Conflict resolution

**D.** Negative attitude ☐

**Q16** **INCORRECT** What are the advantages of time management?

**A.** Complete tasks on time ☐

**B.** Achieve daily goals

**C.** Reduce stress

**D.** All of these ☐

**Q17** **CORRECT** Good time management helps in improving \_\_\_\_\_ at work.

**A.** Weakness

**B.** Performance ☐

**C.** Stress

**D.** Pressure

**Q18** **INCORRECT** Bhanu creates 25 minutes task planner and never gets distracted during the blocked time. Which method does she follow?

**A.** Pomodoro ☐

**B.** Timing

**C.** Blocktime

**D.** Calendar ☐

Q19 **INCORRECT** Finding a solution to any problem is known as \_\_\_\_ skill.

A. Over thinking ☐

B. Critical thinking

C. Decision-making

D. Problem solving ☐

Q20 **CORRECT** Soni is trying to fix the download problem on the laptop. She did not succeed on the first attempt. What should she do?

A. Try another way ☐

B. Quit the task

C. Never solve the problem

D. Quit the job

Q21 **INCORRECT** Steve's mother told him that the mixer grinder is not working. What should be his first step in order to solve the problem?

A. Complain ☐

B. Identify the problem ☐

C. Sell the mixer

D. Throw it

Q22 **INCORRECT** Which of these is a sign of good stress? | ಇವುಗಳಲ್ಲಿ ಯಾವುದು ಉತ್ತಮ ಒತ್ತಡದ ಸಂಕೇತವಾಗಿದೆ?

A. It prevents you from pursuing your goals | ಇದು ನಿಮ್ಮ ಗುರಿಗಳನ್ನು ಅನುಸರಿಸುವುದನ್ನು ತಡೆಯುತ್ತದೆ

B. It makes you doubt yourself | ಇದು ನಿಮ್ಮನ್ನು ಅನುಮಾನಿಸುತ್ತದೆ

C. Does not lead to long-term tension, loss of sleep | ದೀರ್ಘಾವಧಿಯ ಒತ್ತಡ, ನಿದ್ರೆಯ ನಷ್ಟಕ್ಕೆ ಕಾರಣವಾಗುವುದಿಲ್ಲ ☐

D. Makes you physically ill or causes pain | ನಿಮ್ಮನ್ನು ದೈಹಿಕವಾಗಿ ಅಸ್ವಸ್ಥರನ್ನಾಗಿ ಮಾಡುತ್ತದೆ ಅಥವಾ ನೋವನ್ನು ಉಂಟುಮಾಡುತ್ತದೆ ☐

Q23 **INCORRECT** Which of these is the full form of SWOT? | ಇವುಗಳಲ್ಲಿ SWOT ನ ಪೂರ್ಣ ರೂಪ ಯಾವುದು?

A. Special Wellness Organization Theme

B. Speak Work Openly Together

C. Strong World Olympic Team ❌

D. Strength Weakness Opportunity Threat ☑

Q24 **INCORRECT** Which of these statements is true? | ಈ ಹೇಳಿಕೆಗಳಲ್ಲಿ ಯಾವುದು ನಿಜ?

A. All jobs are available in all cities | ಎಲ್ಲಾ ಉದ್ಯೋಗಗಳು ಎಲ್ಲಾ ನಗರಗಳಲ್ಲಿ ಲಭ್ಯವಿದೆ

B. Some cities have more opportunities than others for certain job roles | ಕೆಲವು ನಗರಗಳು ಕೆಲವು ಉದ್ಯೋಗದ ಪಾತ್ರಗಳಿಗೆ ಇತರರಿಗಿಂತ ಹೆಚ್ಚಿನ ಅವಕಾಶಗಳನ್ನು ಹೊಂದಿವೆ ☑

C. Salary in metro cities is always higher than small towns | ಮೆಟ್ರೋ ನಗರಗಳಲ್ಲಿ ಸಂಬಳ ಯಾವಾಗಲೂ ಸಣ್ಣ ಪಟ್ಟಣಗಳಿಗಿಂತ ಹೆಚ್ಚಾಗಿರುತ್ತದೆ

D. Only a few cities have job opportunities | ಕೆಲವು ನಗರಗಳಲ್ಲಿ ಮಾತ್ರ ಉದ್ಯೋಗಾವಕಾಶಗಳಿವೆ ❌

Q25 **CORRECT** What is stress? | ಒತ್ತಡ ಎಂದರೇನು?

A. Feeling of joy | ಸಂತೋಷದ ಭಾವನೆ

B. Feeling of surprise | ಆಶ್ಚರ್ಯದ ಭಾವನೆ

C. Feeling of delight | ಆನಂದದ ಭಾವನೆ

D. Feeling of frustration / disappointment | ಹತಾಶೆ / ನಿರಾಶೆಯ ಭಾವನೆ ☑