

VARMA ITI KOLLEGAL

ITI Quiz - 27-Apr-2026 10:22 AM

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Attempt No.	#1	Completion Time	10:50 AM
Rank	#28	Total Questions	25

10 SCORE

25 MAX MARKS

10 CORRECT

15 INCORRECT

Answer Review

Q1 **INCORRECT** Major changes took place in the manufacturing world with_____.

A. Green revolution ☐

B. Milk revolution

C. Industrial revolution ☒

D. White revolution

Q2 **CORRECT** The process of manufacturing has changed due to technology and ____development.

A. Training

B. Scientific ☒

C. Teaching

D. Facillitation

Q3 **INCORRECT** Regular assessment of skills is necessary for the growth of ____.

A. Career ☐

B. Interview

C. Job ☐

D. Skill

Q4 **CORRECT** Neetu has excellent story telling skills. What type of intelligence is it?

A. Picture Smart

B. Logic Smart

C. Body Smart

D. Word Smart ☐

Q5 **INCORRECT** Swaraj is looking for internet-based/data entry jobs. What is the most important skill he needs?

A. Basic computer skills ☐

B. Entrepreneuria l skills

C. Beautician skills

D. Wood cutting skills ☐

Q6 **INCORRECT** Which of the following is not a part of one's personality?

A. Strengths

B. Weaknesses ☐

C. Beliefs

D. Skin colour ☐

Q7 **CORRECT** Things that one is good at doing are _____.

A. Concerns

B. Interests

C. Abilities ☒

D. Passion

Q8 **CORRECT** Meena likes to learn music in her free time. It is one of her ____to improve.

A. Logics

B. Interests ☒

C. Value

D. Weakness

Q9 **CORRECT** Bijo is not good at MS excel. With his hard work, he learns to overcome weaknesses and turn them into a_____.

A. Belief

B. Value

C. Leader

D. Strength ☒

Q10 **CORRECT** _____is one of the behavioral skills that is required to organize work efficiently and complete it on time.

A. Painting

B. Cooking

C. Time Management ☒

D. Dancing

Q11 **INCORRECT** Rehana faced a problem with her project. She is dealing with a problem with the right attitude. This is an example of-

A. Negative attitude ☐

B. Technical skill

C. Scientific skill

D. Positive attitude ☐

Q12 **INCORRECT** Alpan does yoga in the morning. He follows Youtube classes to motivate himself. This is an example of_____.

A. Self-motivation ☐

B. Time Management

C. Decision-Making

D. Problem- Solving ☐

Q13 **INCORRECT** _____is a way of thinking to solve a problem.

A. Critical thinking ☐

B. Self confidence

C. Negative attitude

D. Time Management ☐

Q14 **INCORRECT** Which of the following is not a part of decision-making?

A. Identify problem

B. Generate options ☐

C. Implement decision

D. Performance ☐

Q15 **CORRECT** Revathi got a job offer out of her town. She decided to refuse the offer after listing the pros and cons. She followed _____ process.

A. Decision- making ☒

B. Positive attitude

C. Conflict resolution

D. Negative attitude

Q16 **INCORRECT** What are the advantages of time management?

A. Complete tasks on time

B. Achieve daily goals

C. Reduce stress ☐

D. All of these ☒

Q17 **CORRECT** Good time management helps in improving _____ at work.

A. Weakness

B. Performance ☒

C. Stress

D. Pressure

Q18 **INCORRECT** Bhanu creates 25 minutes task planner and never gets distracted during the blocked time. Which method does she follow?

A. Pomodoro ☒

B. Timing ☐

C. Blocktime

D. Calendar

Q19 **CORRECT** Finding a solution to any problem is known as ____ skill.

- A. Over thinking
- B. Critical thinking
- C. Decision-making
- D. Problem solving ☒

Q20 **INCORRECT** Soni is trying to fix the download problem on the laptop. She did not succeed on the first attempt. What should she do?

- A. Try another way ☒
- B. Quit the task
- C. Never solve the problem ☐
- D. Quit the job

Q21 **INCORRECT** Steve's mother told him that the mixer grinder is not working. What should be his first step in order to solve the problem?

- A. Complain
- B. Identify the problem ☒
- C. Sell the mixer ☐
- D. Throw it

Q22 **INCORRECT** Which of these is a sign of good stress? | ಇವುಗಳಲ್ಲಿ ಯಾವುದು ಉತ್ತಮ ಒತ್ತಡದ ಸಂಕೇತವಾಗಿದೆ?

- A. It prevents you from pursuing your goals | ಇದು ನಿಮ್ಮ ಗುರಿಗಳನ್ನು ಅನುಸರಿಸುವುದನ್ನು ತಡೆಯುತ್ತದೆ
- B. It makes you doubt yourself | ಇದು ನಿಮ್ಮನ್ನು ಅನುಮಾನಿಸುತ್ತದೆ
- C. Does not lead to long-term tension, loss of sleep | ದೀರ್ಘಾವಧಿಯ ಒತ್ತಡ, ನಿದ್ರೆಯ ನಷ್ಟಕ್ಕೆ ಕಾರಣವಾಗುವುದಿಲ್ಲ ☒
- D. Makes you physically ill or causes pain | ನಿಮ್ಮನ್ನು ದೈಹಿಕವಾಗಿ ಅಸ್ವಸ್ಥರನ್ನಾಗಿ ಮಾಡುತ್ತದೆ ಅಥವಾ ನೋವನ್ನು ಉಂಟುಮಾಡುತ್ತದೆ ☐

Q23 **INCORRECT** Which of these is the full form of SWOT? | ಇವುಗಳಲ್ಲಿ SWOT ನ ಪೂರ್ಣ ರೂಪ ಯಾವುದು?

A. Special Wellness Organization Theme

B. Speak Work Openly Together

C. Strong World Olympic Team ❑

D. Strength Weakness Opportunity Threat ☑

Q24 **CORRECT** Which of these statements is true? | ಈ ಹೇಳಿಕೆಗಳಲ್ಲಿ ಯಾವುದು ನಿಜ?

A. All jobs are available in all cities | ಎಲ್ಲಾ ಉದ್ಯೋಗಗಳು ಎಲ್ಲಾ ನಗರಗಳಲ್ಲಿ ಲಭ್ಯವಿದೆ

B. Some cities have more opportunities than others for certain job roles | ಕೆಲವು ನಗರಗಳು ಕೆಲವು ಉದ್ಯೋಗದ ಪಾತ್ರಗಳಿಗೆ ಇತರರಿಗಿಂತ ಹೆಚ್ಚಿನ ಅವಕಾಶಗಳನ್ನು ಹೊಂದಿವೆ ☑

C. Salary in metro cities is always higher than small towns | ಮೆಟ್ರೋ ನಗರಗಳಲ್ಲಿ ಸಂಬಳ ಯಾವಾಗಲೂ ಸಣ್ಣ ಪಟ್ಟಣಗಳಿಗಿಂತ ಹೆಚ್ಚಾಗಿರುತ್ತದೆ

D. Only a few cities have job opportunities | ಕೆಲವು ನಗರಗಳಲ್ಲಿ ಮಾತ್ರ ಉದ್ಯೋಗಾವಕಾಶಗಳಿವೆ

Q25 **INCORRECT** What is stress? | ಒತ್ತಡ ಎಂದರೇನು?

A. Feeling of joy | ಸಂತೋಷದ ಭಾವನೆ

B. Feeling of surprise | ಆಶ್ಚರ್ಯದ ಭಾವನೆ

C. Feeling of delight | ಆನಂದದ ಭಾವನೆ ❑

D. Feeling of frustration / disappointment | ಹತಾಶೆ / ನಿರಾಶೆಯ ಭಾವನೆ ☑